

Monday, 31 October 2022

From the Principal

Welcome to Week 4.

Grandfriends Day

What a fantastic finish to last week, with lots of Grandparents, Grandfriends and special family members visiting our school on Friday. The children enjoyed having their special visitors in their classrooms and loved sharing a BBQ lunch together. I think this was our greatest number of visitors by far this year. Many thanks for all of the lovely feedback.

School Success

Reflecting on the challenges of the last few years, the NSW Department of Education is in the process of reviewing and evaluating what school success looks like now and in the future. It's enhancing ways to support student success and wellbeing as part of ongoing school reform. The goal is to support our schools in a way that is more responsive to their needs and priorities.

To inform this work, the department is inviting parents and carers to share their perspectives on what the school and the department could do to improve the schooling experience. By participating, parents and carers will inform the department what is working well, what needs to be improved, and will be involved in shaping new and innovative initiatives.

If you would like to be part of the discussion, there is a forum being hosted at Rutherford Technology High School on **Monday 7th November, 8:45am – 9:45am**. Please register ASAP to secure a place. Register: [Parents and carers](#)

Coffee and Cake Catch Up - November 7th

Come and join us for a catch up over coffee and cake. Bring along a takeaway coffee from Maize Street Roasters and we'll provide the cake. Let's catch up about everything and nothing on the Green, out in the sunshine at 10:00am.

Until next week,

Donna Stackman

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Tenambit Public School



Tenambit2323



Presentation Day Award Sponsorship

At the end of each year we hold our K-2 and 3-6 Presentation Day assemblies. As part of these assemblies, some students are chosen to receive special awards in areas such as academic achievement, citizenship and sport. Most of these awards involve students receiving a medallion and a book prize. Each year we have parents/caregivers or community members who sponsor these awards and we would like to extend the opportunity to others who may be interested. If you would like to sponsor one of these awards please contact the office by Friday 4th November (Week 4). The cost of sponsorship is \$30.00.

Year 6 Farewell

The RSVP and payment for our Year 6 Farewell is due Friday 11th November. No late payments will be accepted. A reminder that as part of our celebration on the evening, **Year 6** parents will be welcome to join us from 7:15pm to 8:30pm. **Year 5** parents will be welcome to collect their child at the conclusion of the event at 8:30pm.

School Calendar – Term 4	
Week 4	
Monday 31 st October	No Scaredy Cats, Parent Support Program 6.00-8.00pm
Tuesday 1 st November	CUBS program 9.15 - 10.15am
Thursday 3 rd November	TASH Homework Club
Friday 4 th November	Assemblies: K-2 at 12.00pm 3-6 at 1.30pm Cold Rock Ice Cream Day
Week 5	
Monday 7 th November	No Scaredy Cats, Parent Support Program 6.00-8.00pm
Tuesday 8 th November	CUBS program 9.15 - 10.15am
Thursday 10 th November	TASH Homework Club
Friday 11 th November	Assemblies: K-2 at 12.00pm 3-6 at 1.30pm Remembrance Day
Week 6	
Monday 14 th November	No Scaredy Cats, Parent Support Program 6.00-8.00pm
Tuesday 15 th November	CUBS program 9.15 - 10.15am
Wednesday 16 th November	Year 5 Leadership Day
Thursday 17 th November	TASH Homework Club
Friday 18 th November	Assemblies: K-2 at 12.00pm 3-6 at 1.30pm
Week 7	
Tuesday 22 nd November	Orientation and Kindergarten Expo 9.15am – 11.15am
Thursday 24 th November	TASH Homework Club
Friday 25 th November	Assemblies: K-2 at 12.00pm 3-6 at 1.30pm
Week 8 (Healthy Harold Visit Tues 29 th – Fri 2 nd)	
Tuesday 29 th November	Kindergarten Orientation 9.15am – 11.15am
Thursday 1 st December	TASH Homework Club
Week 9 (Healthy Harold Visit Mon 5 th – Tues 6 th)	
Thursday 8 th December	TASH Homework Club
Week 10	
Monday 12 th December	Presentation Day: K-2 @ 9:30am 3-6 @ 12.30pm
Wednesday 14 th December	Uniform collection: 9.00 – 10.00am
Friday 16 th December	Year 6 Clap Out Year 6 Farewell Last day of school for Term 4
Week 11	
Monday 19 th	School Development Day

"Cold Rock" Day

This Friday we will be holding our last Year 6 fundraiser for the year, a "Cold Rock" ice cream day. We will be selling tubs of ice cream with 'mix-ins' for \$2.00. Mix-in flavours will be M&M's, Skittles, Rocky Road, Mint Choc Cookie Crumble, Sour Worms and Gummi Bears. Ice cream will be available for purchase under the COLA at lunch and recess until all sold.

Uniform Sales

We are pleased to announce our summer uniform shop days for collection of uniforms, for those who would like to order uniforms on Flexischools either for their Kindergarten 2023 starters or for those wanting a new uniform for the new year.

Wednesday 14 th December	9:00am – 10:00am
Friday 27 th January	9:00am – 10:00am
Monday 30 th January	2:30pm – 3:30pm

Kindergarten Expo

A reminder to all of our Kindergarten 2023 parents that we will be holding our Kindergarten Expo on 22nd November during the first Kindergarten Orientation session. We will have lots of information available about what happens in the school, how you can get involved as well as the opportunity to see, try on and buy uniforms.

Please keep an eye on our Facebook page for more information.

PBL FOCUS – WEEK 4

"I can respect others belongings"



K-6 Blue Camp

Last Tuesday and Wednesday, Miss Haynes and most of K-6 Blue were lucky enough to be able to join other Hearing Support classes from around the Hunter and Central Coast regions, embarking on an overnight safari adventure to visit Taronga Zoo and other Sydney Wildlife attractions. We started off our adventure with a very long bus drive, meeting all of the students joining us on our trip. K-6 Blue were a bit nervous at first, but as soon as we stopped at Darling Harbour to have a bit of a play in the park, everyone was familiar with everyone, laughing and cracking jokes – we had just made 20 new friends.

After a mingle in the park, we ventured off to the aquarium. The students were fascinated with the size of the stingrays, floating over the top of us as we walked through the underwater tubes. After our underwater adventure, students were then taken through the 'Wildlife Park' next door, seeing a range of native Australian animals, interacting with exhibits and having an absolute ball of a time exploring amongst friends.

Later that evening, we all made our way to Taronga Zoo to unpack our bags and set up camp for the night. As the sun went down over the harbour, we began our special night tour, seeing the zoo animals up close and personal. We were practically the only people in the entire zoo! It felt surreal. Once we got back into our sleeping bags for the night, students found it a little hard to sleep with all of the roaring coming from the lion's enclosure all night, a couple of students had a go at roaring back to them.

We spent the next day exploring more of the zoo, in the daylight this time! We were able to have a ride in the SkyRail. Miss Haynes was super scared, but luckily the students from Tenambit Public were able to give her words of encouragement as we were what seemed like hundreds of metres above the ground.

All of the students had such an amazing time, an incredibly exhausting two days, but it was definitely worth it!



K-6 Green and K-6 Red News

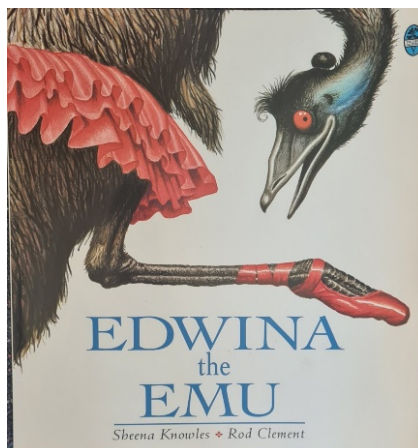
K-6 Green have been enjoying doing some work in the garden. They have been learning about a variety of different plants, how they grow and discussed ways in which we can eat them. The boys picked some delicious spinach and helped to make some yummy spinach and feta rolls.



Spinach and Feta Puff
Pastry Appetizers



K-6 Red have been reading the book "Edwina the Emu" by Sheena Knowles and Rod Clement. We all thought it was really funny and gave it a big thumbs up! We made some Edwina emus from mixed media and they look great displayed in our room.



Grandparents/Grandfriends Day



How to install the SkoolBag app

instructions for parents and community

1. Get your favourite mobile device
2. Open the App Store/Play Store
3. Search for "SkoolBag"
4. Download the free app
5. Open the app and add your school(s)

for Apple users



for Android users



for more info visit skoolbag.com.au



Flexischools – Ordering School Lunches and Uniforms

Set up your account

1 Download the Flexischools App

Note: for iPhone and iPad please select 'Allow' notifications.

2 Login/Register

- **Already a Flexischools user** – Enter your details and login. To save your login details select 'remember me'.
- **New Flexischools user** – Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for their school, enter student details and select their class.

3 Top Up Your Account

To make ordering fast and simple, you can set up automatic top ups in your 'User Profile'.

Order

1 Place your Order

On the app home screen, scroll down to view your school services such as canteen and uniforms. Then **swipe left and right** to view all available services.

2 Make your Selection

Find the service and press 'Order', then select the items you wish to order.

3 Make Payment

Select your payment option and complete payment to place your order.



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Christmas Donations

Tenambit Public School are seeking donations to support families who need some extra help this christmas and over the holidays.

Items needed include - new and unopened toys, art and craft kits / activities, christmas treats (puddings, biscuits, lollies & chocolates), pantry snacks (noodles, muesli bars, dried fruit, cake mixes) pantry staples (tinned food, pasta & sauce, rice) soft drinks / cordial, toiletries

For more information call Scott M-W at the office



Attendance Matters

Every student. Every day.

From the Office

If sending cash in with your child to make a payment at the office, please ensure you send the correct money as we do not carry a float.





Our preferred payment option is via our online payment system on our website. Please go to the Tenambit Public School website and click on the blue 'Make a Payment' tab along the top.


Follow the instructions and enter your payment details etc. **Please note, you are not required to enter the student registration number.** Contact the office if you need assistance or have any enquiries. Thank you.

Please note when paying by EFTPOS at the school office, there is a minimum transaction amount of \$10.00 due to fees charged to the school.

Our school has a new look **online payment page!**

We're now accepting payments for Tenambit Public School via the school's website. To make a payment, simply:

-  Visit our school website on your mobile, tablet or desktop computer
-  Select 'Make a payment' from the main page menu
-  Enter the required student, contact and payment details
Note: You are NOT required to provide the 9-digit Student Registration Number.
-  Check your email for a copy of the receipt of payment

 Education

SCHOOL OFFICE HOURS

8.30am – 3.15pm



**YEAR 7 2023
PARENT
INFORMATION
EVENING**

Wednesday
2nd November 2022

6:00pm-7:30pm

Maitland High School MPC

**Parking and direct access to
MPC via Pierce St**



The poster includes three photographs of students. At the top left, two boys in white Maitland High School polo shirts are smiling. Below them, on the left, is a photo of a boy running on a red track. To the right of that is a photo of a girl with long brown hair, also smiling and wearing a school uniform. The school crest is in the top right corner, and the event details are in the center-right. A black wavy shape at the bottom right contains the parking information.



Good for kids
good for life



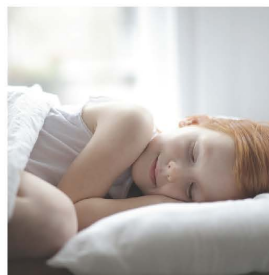
Importance of sleep for growing kids

Did you know that primary school-aged children need between 9 - 11 hours of sleep every night?

Poor sleep quality and insufficient sleep has been associated with a range of physical and mental health problems that can impact on a child's health and development.

Here's some sleep tips to help make sure your kids are getting their zzz's...

- Have a consistent sleep schedule and bedtime routine to help your child relax and wind down each night.
- Switch off all screens (TV, tablets, computers, phones) an hour before bed, and no screens in the bedroom!
- Encourage daily exercise and time outdoors to promote good sleep.
- Make sure your child is getting plenty of physical activity throughout the day.



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD

