

Monday, 26 August 2019

## From the Principal

Welcome to Week 6.

You may see our teachers today dressed in rather unusual clothing. Today marks the start of our regular wellbeing weeks, one each term, where we look after our own wellbeing and that of our school colleagues. This is the third time we've done this, each time it's a roaring success, full of laughter, reflection and good cheer.

Today we dressed in something that reminded us in some way of our own childhood, which made me reflect on my own and how idyllic it was. I grew up in Central Queensland, often far from what might be called civilisation. I was taught through distance education with my mum as my teacher, roaming the surrounding bush areas with my brother, exploring, finding treasures and having the best childhood ever. So today I am dressed in jeans, a t-shirt and sneakers. The only difference to my childhood dress, is that when young I more often than not, didn't wear shoes. Childhood should be a time to create memories, for those are the moments we remember when we're adults. Take the time to let your kids create some of their own, as often as possible. Let them get dirty, fall off their bike, skin their knees, explore the neighbourhood, swim, jump and climb.

This Thursday our P&C are holding the annual Father's Day Stall. Don't forget to pack a plastic bag for your kids to put their purchase in. If you can spare some time to help out on the stall, it will be most appreciated too.

We'll follow this on Friday with our Father's Day Breakfast for our Dads and our kid's significant male role model. Come along, enjoy a yummy BBQ breakfast and join in the fun with our kids.

Until next week,

Donna Stackman

#iamtenambit #tenambitstrongertogether

### Parent Notice

Our school is committed to building a safe and happy environment for students, staff, family and the wider community.

We encourage parents and carers to advocate strongly on their child's behalf and as part of this, expect them to raise concerns about their child. Sometimes these concerns may relate to the way a child may have been treated by another student at the school. It is natural for parents and carers to feel protective toward their child.

However, you must not raise any concerns you have about the behaviour of another child directly with that child (or his or her parents while they are at school) but should instead report your concern to the principal or a member of the executive team.

Your concerns will be taken seriously and responded to promptly.

If a parent, carer or other community member raises their concerns directly with a child (or their parents while they are at school) may result in the access that person has to the school site being restricted or withdrawn.

We greatly value the contribution parents, carers and other community members make to the school community and do not wish to take action that impacts on their participation in school activities.

Please let us know if you have concerns about the behaviour of another person's child while they are at school or on school related activities.

We pride ourselves on working as a whole community. By showing respectful behaviour as adults, we model this to those little eyes who watch everything we do.

#tenambittogether

School Calendar Term 3	
Week 6 – STAFF WELLBEING WEEK	
Tuesday 27 <sup>th</sup> August	MHS Dance Ensemble
Wednesday 28 <sup>th</sup> August	CUBS 9.00am – 11.00am
Thursday 29 <sup>th</sup> August	Father's Day Stall
Friday 30 <sup>th</sup> August	Father's Day Breakfast
Week 7	
Mon 2 <sup>nd</sup> Sept – Fri 6 <sup>th</sup> Sept	Hunter Creative Arts Camp
Monday 2 <sup>nd</sup> September	ICAS Digital Technologies
Tuesday 3 <sup>rd</sup> September	Reg Kelly Cricket - Tarro
Wednesday 4 <sup>th</sup> September	Spelling Bee Regional Final CUBS 9.00am – 11.00am
Thursday 5 <sup>th</sup> September	ICAS Science
Week 8	
Monday 9 <sup>th</sup> September	ICAS Writing
Wednesday 11 <sup>th</sup> September	Hunter Wetlands Excursion Stage 3 Kinder Excursion to Oakvale Farm CUBS 9.00am – 11.00am
Thursday 12 <sup>th</sup> September	ICAS Spelling Newcastle Museum Excursion – Year 1
Saturday 14 <sup>th</sup> September	Family Fun Day
Week 9	
Monday 16 <sup>th</sup> September	ICAS English P&C Meeting – 6.00pm
Tuesday 17 <sup>th</sup> September	Newcastle Museum Excursion – Year 2
Wednesday 18 <sup>th</sup> September	CUBS 9.00am – 11.00am ICAS Mathematics
Thursday 19 <sup>th</sup> September	Talk like a pirate day
Week 10	
Tuesday 24 <sup>th</sup> September	MHS Dance Ensemble
Wednesday 25 <sup>th</sup> September	CUBS 9.00am – 11.00am
Friday 27 <sup>th</sup> September	Last day of term

## PBL Affirmation for the Week

Our PBL focus for Week 6 is being 'Responsible' when at the COLA.

*Our expectations are:*

- Walk on hard surfaces
- Play undercover if no school hat
- Place rubbish in bins



This term's Tenambit Public School Staff Wellbeing Week will focus on kindness, small indulgences and laughter. The enjoyable week will include staff dress-up day, pancake breakfast, sweet treats, spicy lunch options and an information session focused on wellbeing.

Staff Wellbeing Week takes place this week, so please make sure to show your appreciation and tell the staff of Tenambit Public School how wonderful they are.

Let's enjoy this time together!



We're looking for donations for this week's Father's Day stall. You can leave items with our lovely office ladies. All items suitable for those great male role models in our kids lives will be gratefully accepted. We're accepting items until tomorrow (Tuesday) afternoon.

Many thanks in advance.



Can you help with our Father's Day Stall on Thursday? Even a short time is helpful, please see one of our P&C members if you can or just arrive on Thursday morning, come down to the hall, ready to help.

## Book Week Review

Last week we celebrated all the wonderful things about great Australian books!

Throughout the week children had an opportunity to join in some really fun activities during lunchtime and recess. They explored how reading gives them powers - including knowledge, strength, problem solving skills and even invisibility.

On Thursday everyone had a great day purchasing books at the Book Fair. We raised some money to purchase some new books and will also put some money towards updating the library.

Children then had an opportunity to show off their amazing costumes and we had some very creative costumes on display. There were lots of smiles, giggles and a few groans as we were all entertained by Mr Smith and his great dad jokes. Congratulations to all the winners.

A big thank you to the wonderful staff who all pitched in to make this day the success that it was. Also thanks to Scott and Nicole who kindly volunteered to help run the Book Fair all day!



**SAVE  
THE  
DATE**

**Father's Day BBQ Breakfast**

**Friday 30<sup>th</sup> August**

**Starting at 8.00am**

**ASSEMBLIES**

**Infants: Monday 2.25pm**

**Primary: Thursday 2.25pm**

**Tenambit Public School CUBS Program**

The 2019 CUBS (Coming Up To Big School) Program has commenced at Tenambit Public School on Wednesday's from 9.00am to 11.00am.

This is a school readiness program for children commencing Kindergarten at Tenambit Public School in 2020.

Please register your child at the school office. An enrolment pack will need to be collected and returned to school before commencement.



**SCHOOL OFFICE HOURS**

**8.30am – 3.15pm**

Community Fete and Market Day, Sept 14th 2019

**Raffle Prizes**

**1st Prize - Family Getaway Pack \$900 Value**

- \$750 Credit for Big 4 Great Lakes at Forster Tuncurry
- Bottle of Wine
- 4 tickets to Hoyts Cinemas
- \$30 Bakers Delight Voucher
- \$25 Dan Murphy's Voucher
- \$20 Donarch Fine Chocolate Voucher

**2nd Prize - Weekend Adventure Pack Over \$450 Value**

- Tree Top Adventure Park Newcastle, Family Pass
- Bottle of Wine
- \$20 Gravity X Voucher
- Chipmunks Pack
- Beresfield Golf Club, Mini Golf Family Pass
- \$50 Hunter River Hotel Voucher
- Super Strike Maitland, Family Pass
- Time Zone Greenhills, 2 x Free Timed Play Passes
- 2 tickets Reading Cinemas Maitland
- \$30 Bakers Delight Voucher

**3rd Prize - Local Fun and Active Pack Over \$300 Value**

- Snap Fitness, 1 month membership
- Hunter Valley Zoo Family Pass
- Bottle of Wine
- Gravity X Rutherford, \$20 Voucher
- Beresfield Golf Club, Family Foot Golf Pass
- Super Strike Maitland, Family Pass

Tenambit Public School, Edward Street, Tenambit

**Good for Kids good for life**

**FUNDAMENTAL MOVEMENT SKILLS  
MASTERING THE KICK**



The kick is a manipulative striking skill characterised by producing force from the foot to an object. The stationary place kick involves kicking an object which is still. It is basic to kicks used in all football codes. It is also important for foot-eye coordination.

**Steps to practice at home:**

- Stabilise and raise the ball off the ground by placing it on a bean bag or a roll of masking tape.
- Place a mark on the ball and ask the child to focus on that as they approach the ball to kick.
- Focus on kicking the ball for distance rather than accuracy.
- Place chalk on the child's shoelaces so that a mark is left on the ball after it has been kicked.
- Use a beach ball, balloon, or a ball that is soft, flat or partially deflated.
- Practice kicking the ball against a wall.
- Demonstrate, running up to kick the ball.
- Introduce accuracy by kicking to a partner or target, or into a goal.
- Practise kicking with either foot.

Source: Get Skilled, Get Active and Live Life Well @ School © State of NSW, Department of Education and Communities, 2012



[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>