

Tuesday, 23 July 2019

From the Principal

Hello everyone, welcome back to school and to Term 3.

We are all prepared and ready to go with lots planned - Education Week, 3 Way Interviews, Spelling Bee and Debating - just to name a few. Yesterday we started off with our term's Staff Development Day where our staff were immersed in mindfulness, our new school program for our children. Mindfulness will be undertaken by each class for 15 minutes of the day giving our children the skills to self regulate, relax and focus. Research shows that this simple practice gives maximum impact to both children and adults. This is just one of the programs we immerse children in to enrich their interactions with each other and with lessons.

Last night we held our first P&C meeting of the term. We are happy to say the cooling project will be enacted soon with a cooling system waiting to be installed as soon as the required tender process is finalised. The P&C has committed future funds into this project for the benefit of your children, so please, ensure you support their fund raising projects.

In order to keep our children feeling safe and secure in our school, we now have an electronic gate system installed on our front gate. The gates will be unlocked from 2:50pm in the afternoon, if you require access earlier (to collect children for appointments for example), please buzz the office and the gate will be unlocked. We know you, as we do, want to keep all of our children safe and well at school.

This term our Stage 2 and 3 children will be able to have lots of fun while participating in gymnastics lessons. This has been extremely popular with our kids in the past and we're happy that our successful application of a grant again allows us to offer this to our students. This will start this Wednesday (shorts/skorts, no school dresses). Our junior students will be doing class sports this term with teachers.

And finally, we won't be holding assemblies this week, they will commence in Week 2, K-2 on Monday afternoon and 3-6 on Thursday afternoon.

Until next week,

Donna Stackman

#iamtenambit #tenambitstrongertogether

School Calendar Term 3

Week 1

Monday 22 nd July	Staff Development Day
Tuesday 23 rd July	Students return to school
Wednesday 24 th July	CUBS 9.00am – 11.00am
Thursday 25 th July	Debating
Friday 26 th July	Basketball Gala Day

Week 2

Friday 2 nd August	Zone Athletics Carnival
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PBL Affirmation for the Week

Our PBL playground area this week is focusing on the Multi-Purpose Court (MPC).

We show responsibility by wearing a hat, following the Tenambit four square handball rules and keeping the MPC a food free zone.

SCHOOL OFFICE HOURS

8.30am – 3.15pm



Don't forget student banking through the Commonwealth Bank is still on Thursday mornings. Your child can drop their bank book into the box on the counter at the school office on arrival to school, and it will be available to collect that afternoon.

Late Arrivers

If your child arrives late to school, even if only 5 minutes, please ensure you come to the office to get a late note to give to the class teacher. A lot of students are going straight to class late when the roll has already been marked and then parents are receiving unnecessary text messages to say their child is absent. Thank you for your cooperation.

Spare clothing in student's bags

In the colder months, the younger students tend to have more accidents and we do not always have replacement clothes or underwear we can give them. Please ensure that spare clothes and underwear are packed in your child's bag so we can organise them to change without having to contact parents to bring spare clothing up to school.

News from the office

Please note we do not keep a float in the school office, so therefore cannot give change. Can you please ensure when paying with cash you have the correct money, or alternatively you can pay online through our website using the 'Make a Payment' tab.

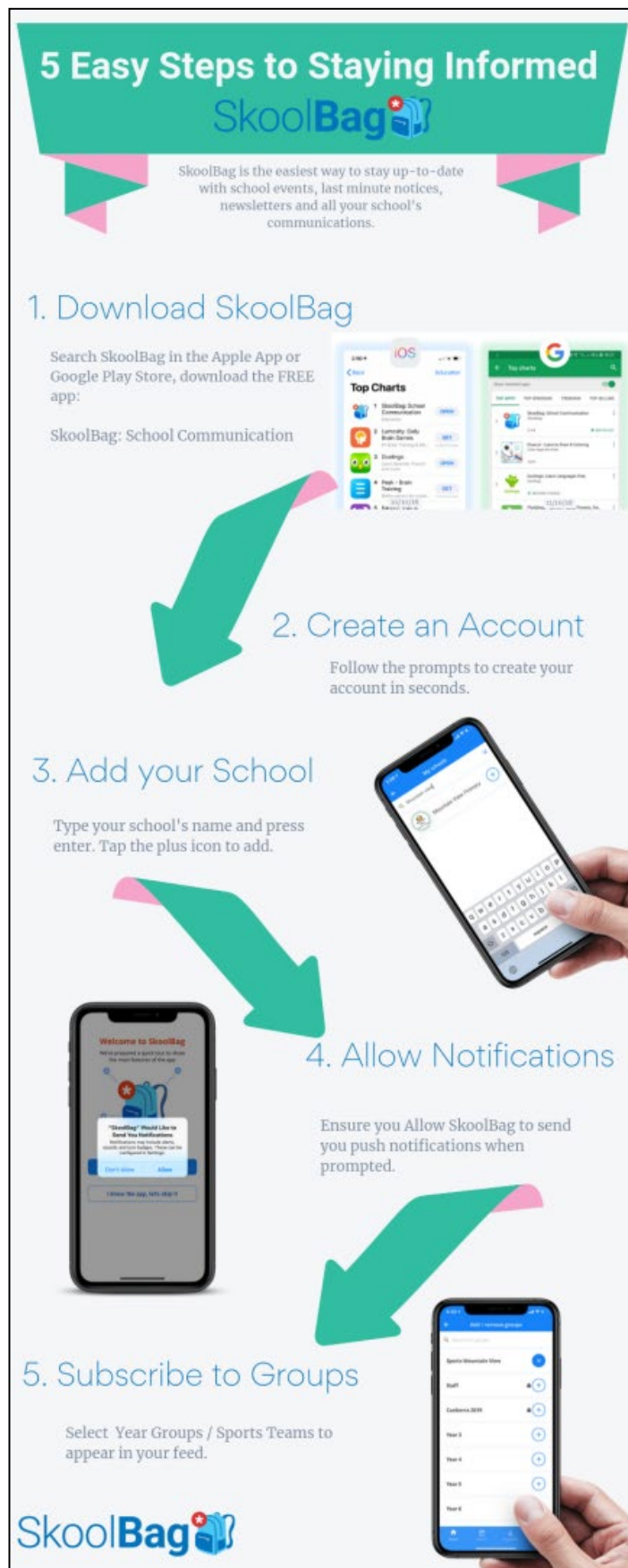


Book Fair is coming!

The big day is getting closer. This year's Book Fair and Parade will be held on Thursday 22nd August. The theme is 'Reading Is My Secret Power'. More details in the next newsletter!

Skoolbag App

Please note a new Skoolbag App has been released, so ensure you delete your old App and download the new App as per below, to keep up to date with news from school.



Stage 2 Library - Term 3

This term students in Stage 2 will be doing a lot of work with technology. It would be great if they could purchase a cheap pair of earbuds (no wireless earbuds) to leave in the library for their lessons.

Tenambit Public School CUBS Program

The 2019 CUBS (Coming Up To Big School) Program has commenced at Tenambit Public School on Wednesday's from 9.00am to 11.00am.

This is a school readiness program for children commencing Kindergarten at Tenambit Public School in 2020.

Please register your child at the school office. An enrolment pack will need to be collected and returned to school before commencement.



School gate instructions

Please note as per the Principal's message, we now have a locked front gate to the school.

When you want to enter the grounds, press the button on the right hand side of the gate which will then ring in the office for us to release and unlock the gate. Once you hear unlocked, push the gate to enter.

This is the same process when you leave the school grounds. There is also a button on the other side of the gate to press to alert the office you are exiting.



Please note there is a large volume of jumpers in our lost property with no names on them. Can you please ensure you label your child's belongings so they can be returned to them if they are misplaced.

The jumpers and other lost property will be on a table outside the school office today, so if you are missing one, please check if any belong to your child.

USE your bRAIN



Mark Hughes Foundation Authority to Fundraise: CFN24839

TAKE THE BUS TO SCHOOL AND MAKE BEANIES COOL

You may be surprised to learn that, in Australia, brain cancer kills more children than any other disease and more people under 40 than any other cancer, yet it is one of the most underfunded and under researched cancers of all time. Your participation in Beanie for Brain Cancer Day will enable us to increase awareness of this terrible disease, and raise much needed funds for brain cancer research.

Your school community can help us by participating in our Beanie for Brain Cancer campaign. It's easy, fun, and a great opportunity for students to experience first hand how a small effort by many can make a big difference!

On Tuesday 30th July 2019, Hunter Valley Buses will be donating 10 cents per school Opal tap for school students using their school bus.

Transport for NSW will be providing Hunter Valley Buses with the total school Opal taps for the day so we can contribute to finding better treatments and ultimately to finding a cure for brain cancer.

Participating is simple, wear your beanies and tap on and tap off with your school Opal card when boarding and alighting your school bus.

Make your taps count... to apply or update your child's details visit
<https://apps.transport.nsw.gov.au/ssts>

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The mindfulness in-school program will be implemented across K-6 each Tuesday this term, Weeks 2-9. The experienced educators from *Head and Heart Mindfulness* will run 15 minute sessions for each class.

Head and Heart Mindfulness wellbeing programs address:

- anxiety, stress and worry,
- concentration, attention and memory issues,
- emotional intelligence and self-regulation,
- gratitude, kindness, generosity, empathy and compassion, and,
- positive classrooms and homes.

Mindfulness benefits include:

- improved brain function in areas that are responsible for feelings of happiness; attention and concentration; decision making; problem solving; compassion and resilience,
- prevention and reduction in feelings of stress, anxiety and depression,
- improved resilience,
- improved working memory,
- increased positive thinking, feelings and emotions, and,
- enhanced wellbeing.

If you would like to receive the Parent Information Booklet, please contact your child's classroom teacher.

Kind regards,

Shaye Moss

Assistant Principal