



Monday, 22 May 2017

From the Principal

Welcome to Week 5 everyone, we've very quickly moved into the middle of another term.

I'd like to thank Mr Potts and our Executive Team for keeping things on track in my absence, it makes it easier to be absent when a great team is able to hold the fort.

Fidget Spinners

Our teachers would like to ask that parents discuss the issue of Fidget Spinners with their children who have them at school. Many schools have been forced to ban these from school grounds over the past couple of weeks and it would be a shame if we had to do the same. Unfortunately, we've had some issues with these both in the classroom and playground setting. Spinners are to stay in bags during class times and if they create a problem in the playground or are found with students in the classroom, the students involved will need to give the spinners to the office for parents to collect. These are promoted as items to help students with attention difficulties. Sadly, they don't do that, instead they're merely a toy and are causing issues in schools in many countries. We ask that you support us in this.

School Strategic Plan for 2018 – 2020

Over the next few months our school community will be evaluating our current school plan, 2015 – 2017 and developing our next three year plan. We discussed this at last week's P&C meeting, where we asked for expressions of interest to create a focus group from our parent community to work with school staff representatives to create strategic directions and planning for our next three years. For this group to be manageable and productive, we'd like five parent community representatives who will join five school staff representatives. Parents do not need to be members of the P&C. If you are interested in joining this focus group, could you please lodge an expression of interest to me outlining why you'd like to take part, by Friday 23rd June.

School Calendar Term 2

Week 5

Wednesday 24 th May to Friday 26 th May	Stage 2 Excursion – Great Aussie Bush Camp
Wednesday 24 th May	CUBS Program 9.00am-11.00am
Thursday 25 th May	Playgroup 9.00am-11.00am

Week 6

Wednesday 31 st May	CUBS Program 9.00am-11.00am
Thursday 1 st June	Playgroup 9.00-11.00am
Friday 2 nd June	K-2 Athletics Carnival

Week 7

Wednesday 7 th June	CUBS Program 9.00am-11.00am
Thursday 8 th June	Playgroup 9.00am-11.00am Junior Boys Knights Knockout

Week 8

Monday 12 th June	QUEENS BIRTHDAY HOLIDAY
Wednesday 14 th June	CUBS Program 9.00am-11.00am
Thursday 15 th June	Playgroup 9.00am-11.00am
Friday 16 th June	Star Stuck Excursion

Week 9

Wednesday 21 st June	CUBS Program 9.00am-11.00am
Thursday 22 nd June	Playgroup 9.00am-11.00am Primary Athletics Carnival
Friday 23 rd June	Naidoc Week Performance Girls Rugby League

Week 10

Wednesday 28 th June	CUBS Program 9.00am-11.00am
Thursday 29 th June	Playgroup 9.00am-11.00am
Friday 30 th June	Last day Term 2

Stage 2 Excursion

Our Stage 2 students will be attending the Great Aussie Bush Camp on Wednesday to Friday this week. This is a terrific excursion and the students (and teachers) are going to have a fabulous time. We'll post some pics on our school's Facebook of all the fun.

Bullying

This is a topic on parent's minds in all schools, ours included. It is also a very complex subject when our children come home to say they are being bullied. As parents, we often go into 'mother bear' mode and want to protect our child and this is natural and the first response when our children come home from school upset. It's important to know how to discuss this with our children to ascertain the actual story of what has happened. It's also awful to find out our own child is the bully, and it's important to know what to do.

Bullying is when someone is being hurt or intimidated by either words or actions on purpose and repeatedly. It's incessantly being aggressive, trying to make someone do what you want them to do, to get your own way even though you know it's unfair. It's making someone feel bad continuously and purposely, and the victim feels it's difficult to stop it. Sadly, this is also not only in schools, but in neighbourhoods, sporting groups, work places, and comes into our homes through cyberbullying.

What it's not though is, a friend saying they want to play with someone else, not liking someone, being excluded, accidentally bumping into someone, a student wanting to make other kids play things a certain way, a single act of telling a joke about someone, arguments, expression of unpleasant thoughts or feelings regarding others, or isolated acts of harassment, aggressive behaviour, intimidation or meanness to each other.

If our students are being upset or bullied at school we urge them to come and discuss this with the playground teacher, their own teacher or one that they trust. Of course, we also would like parents to do this too, so we know what's happening and can address this. Our teachers will be discussing this and other social skill topics with students as part of the Positive Behaviour Program (PBL) throughout the weeks ahead. Please keep an eye on our school's website as we add resources for parents and children about this topic and others over this term.

School practices and procedures

In line with our Department of Education policies, our school will be updating several school practices and procedures over the remainder of this term and the next. As each one is updated, it will be tabled for discussion at the next P&C meeting and during school staff meetings.

From a 'Miss' to a 'Mrs'

We'd like to say a huge CONGRATULATIONS to Miss Penberthy, who used her teacher voice to make the rain gods sit up and stay away during her wedding on Saturday. All our best wishes to both her and her 'hubby'. Congratulations Mr & Mrs Curry!

Have a terrific week everyone,
Donna Stackman

Principal

School Chaplain

Hi, my name is Miriam and I have recently begun here at Tenambit Public School as the School Chaplain!



Currently I am spending my time visiting all the different Tenambit Public School classes, meeting and getting to know students and teachers. I also spend some one-on-one time with those individual students who may be feeling sad, or anxious, or just need a friend to talk to. Very soon, I will also be beginning some lunch time groups, for those students needing some extra company at lunch.

I am at Tenambit Public School on Mondays and Fridays, and would love to meet you and have a chat!

Tenambit Public Prosecutors Debating

Tenambit Public Prosecutors Debating team, consisting of Alison Doherty, Banjo Longworth, Sarah Gent and Elenoa Ellis are heading off to Rutherford Public School for their first debate of the season today.

They will be debating on the topic of education. I am sure we all wish them luck against Mr Brown's new school.

Debbie Manners, Debating Coach

CUBS

The next intake of our CUBS (School Readiness Program) will be on Wednesday 31st May 2017. Please make sure your child's name is registered at the office to be included in future groups. All children who will be starting Kindergarten in 2018 at Tenambit Public School are eligible to enrol in this program.

Children who are turning 5 prior to the 31st July in 2018 are eligible to commence Kindergarten in that year, so they can then attend our 2017 CUBS program.



After School Sport

Starting next Tuesday, 30th May, we will be running an after school hockey program. This program will be open to students in Years 3-6 who are interested in learning the basics of hockey. The lessons will start from 3.15pm and run to 4.15pm. Permission notes will be handed out this week and the first twenty students to return their note will be eligible to attend. Behaviour will be taken into account for those that attend and poor behaviour during the sessions could result in being removed from future sessions. They look to be a lot of fun and we may even uncover a future hockey star at Tenambit.

Zone Cross Country

On Tuesday the 16th May 29 students from Tenambit Public School represented our school at the Zone Cross Country Carnival. All the students showed exemplary behaviour by showing respect to every fellow competitor. Congratulations to Hayden Lean and Lucinda Boyd for progressing to the Regional event. A huge thank you to all the parents that provided encouragement and support on the day.

PSSA Hockey

Congratulations to the boys and girls hockey teams who both played a fantastic game of hockey last Friday at Maitland Hockey Centre.

Both teams were successful with the girls coming away with a 5-0 win against Telarah Public School and the boys coming away with a 3-0 win against Telarah Public School. Both teams will progress to Round 2 of the PSSA Knockout competition. Well done boys and girls!



Positive Behaviour for Learning PBL

PBL Affirmation for the Week "I can get along with others"

Star Struck Excursion

The Star Struck excursion will be taking place on Friday 16th June (Week 8). Notes have gone home to interested students, and spare notes are available from the office. Cost of the excursion is \$35.00, and is open to the first fifty six students to bring their notes and money into the office as soon as possible.



Notes in Circulation

- **Stage 2 Excursion Great Aussie Bush Camp Permission & Information Note**
- **Star Struck Excursion Note**
- **Shopping Fundraiser**

Canteen Roster

Week 5		
Tuesday	23rd May	Karleigh, Pieta, Julie
Wednesday	24th May	Karleigh, Kaye
Thursday	25th May	Liane, Kaye, Molly, Rebecca, Natalie
Friday	26th May	Liane, Samantha, Molly, Luke
Week 6		
Monday	29th May	Liane, Belinda, Molly

Canteen News

Congratulations to Rebecca MacDonald who has won the April Canteen Volunteers voucher. All of our volunteers in the canteen are very much appreciated for the hard work they do each week. Each volunteer now goes into the draw to win a canteen voucher each month.



New Office Finance System Transition

Tenambit Public School will transition to the new NSW public schools' finance system and a new bank account on 24th July 2017.

To ensure a smooth transition, there will be changes to the way we accept parent or carer payments.

1. Direct deposits: We no longer accept direct deposits into our current school bank account as we prepare to close this account and transition to the new one.
2. EFTPOS payments: We will not be able to accept EFTPOS payments between 17th July and 24th July 2017. Please ensure that you have made any outstanding EFTPOS payments before 17th July 2017. From 25th July 2017, EFTPOS payments will be accepted as before.
3. Cash and cheque payments: Between 17th July 2017 and 24th July 2017, we will also not be able to accept payments by cash or cheque as we prepare to close our current bank account and transition to the new one. Please ensure that you have made any outstanding cash or cheque payments before 17th July 2017. From 25th July 2017, cash and cheque payments will be accepted as before.

Thank you for your patience and understanding as we transition to our new finance system. If you have any questions, please contact our office on 4933 7196.

Shopping Fundraiser

Don't forget our great shopping trip to Sydney that has been organised as a fundraiser for Tenambit Public School. We'll visit six factory outlets that sell a variety of goods including clothes, accessories, homewares, toys and much more.

Please ask your friends and family to come along as the more seats we fill the more money we will raise for our school!

When: Saturday 14th October 2017

Cost: \$65.00 (includes luxury coach travel, hostess, morning/afternoon tea, lunch)

Please hand note into the office with your deposit as soon as possible.



Good for Kids good for life RECIPE: BROCCOLI & SPINACH FRITTATA



INGREDIENTS	QUANTITY
OLIVE OIL COOKING SPRAY	-
BROCCOLI CUT INTO SMALL FLORETS	1 CUP
SPRING ONIONS (SHALLOTS), CHOPPED	2
SPINACH LEAVES, READY-TO-EAT	1/4 CUP
EGGS	4
REDUCED FAT CHEDDAR CHEESE, GRATED	50G

METHOD

1. PREHEAT OVEN TO 180°C AND GREASE A MUFFIN TRAY WITH COOKING SPRAY. LINE THE BAGS WITH SOME BAKING PAPER.
2. STEAM, MICROWAVE OR BOIL BROCCOLI UNTIL TENDER, DRAIN AND COOL SLIGHTLY.
3. SPRAY A NON-STICK PAN WITH COOKING SPRAY AND SAUTE ONIONS OVER MEDIUM HEAT FOR TWO MINUTES.
4. MIX EGGS AND GRATED CHEESE TOGETHER. STIR THROUGH ONIONS, COOLED BROCCOLI AND SPINACH LEAVES.
5. SPOON FRITTATA MIXTURE EVENLY BETWEEN THE MUFFIN TINS AND BAKE FOR 30 MINUTES, OR UNTIL SET AND GOLDEN ON TOP.
6. STAND IN THE TIN FOR FIVE MINUTES BEFORE REMOVING. SERVE WARM.

Adapted from National Heart Foundation of Australia



Health
Hunter New England
Local Health District

Phone 4924 6499

Driving and parking safely near schools

School opening and closing hours are busy times for pedestrians and vehicles outside the school.

Always take extra care in 40km/h school zones, which operate on gazetted school days.

Park safely even if it means walking further to the school gate.

Observe all parking signs. They are planned with children's safety in mind.

Never double park as it puts children at risk.

Model safe and considerate behaviour for your child – they will learn from you.

Slow down near the school crossing.

At a supervised crossing, observe the directions of the school crossing supervisor.

Always park and turn legally around the school.

Avoid dangerous manoeuvres such as U-turns and three-point turns.

Always give way to pedestrians particularly when entering and leaving driveways.

Avoid parking across the school driveway or the entrance to the school car park.

Using your school's drop off and pick up facility will help keep all children as safe as possible during the busiest times of the school day.

Avoid parking in or near the school bus bay.

