

Monday, 24 October 2016

## From the Principal

### Nits

A reminder to be vigilant about checking your child's hair regularly for nits. If everyone keeps a watchful eye we should be able to keep the outbreaks to minimum.

### Pokemon/Yugio Cards

Thank you to the generosity of Mr McGaw and Mr Manning, we now have Yugio/Pokemon card club running once a week. At lunchtime on Wednesday, students can head to Mr McGaw's room and be part of the card games happening in there. This means that the only day the cards should be at school is Wednesday and they are not permitted in the playground, only in Mr McGaw's room during lunchtime.

Any cards that are found at school on other days will be confiscated until the end of that week.

### Granfriends Day

This Friday promises to be a lovely afternoon for all of our visiting grandparents and significant older people. Open classrooms begin at 12.00pm, with a variety of activities happening around the school. At 12.50pm, our Granfriends will be invited into the hall for a lovely afternoon tea and performances by the choir and each stage group.



### Did you know that.....

Mrs O'Shea has climbed a sand dune at 4.30am in the Namibian desert to sit and watch the sunrise.

### Important Dates

Week 3	
Monday 25 <sup>th</sup> October	Assembly
Wednesday 26 <sup>th</sup> October	CUBS 9.00am-11.00am
Thursday 27 <sup>th</sup> October	Playgroup 9.00am-11.00am
Friday 28 <sup>th</sup> October	Granfriends Day
Week 4	
Monday 31 <sup>st</sup> October	Drama Group performance – 6.00pm for parents Coloured Ribbon Day
Wednesday 2 <sup>nd</sup> November	CUBS 9.00am-11.00am
Thursday 3 <sup>rd</sup> November	Playgroup 9.00am-11.00am
Friday 4 <sup>th</sup> November	Reg Kelly Cricket Maitland Park
Week 5	
Monday 7 <sup>th</sup> November to Friday 11 <sup>th</sup> November	Swim School Years 2 to 6 Daily Swim school program
Monday 7 <sup>th</sup> November	Assembly
Wednesday 9 <sup>th</sup> November	CUBS Graduation
Thursday 10 <sup>th</sup> November	Playgroup 9.00am-11.00am
Week 6	
Monday 14 <sup>th</sup> November to Friday 18 <sup>th</sup> November	Swim School Years 2 to 6 Daily Swim school program
Wednesday 16 <sup>th</sup> November	Kinder 2017 Orientation
Thursday 17 <sup>th</sup> November	Playgroup 9.00am-11.00am
Week 7	
Monday 21 <sup>st</sup> November	Assembly
Wednesday 23 <sup>rd</sup> November	Kinder 2017 Orientation
Thursday 24 <sup>th</sup> November	Playgroup 9.00am-11.00am
Week 8	
Tuesday 29 <sup>th</sup> November	Times Table Challenge
Wednesday 30 <sup>th</sup> November	Kinder 2017 Orientation Yr 5 Maitland HS visit
Thursday 1 <sup>st</sup> December	Playgroup 9.00am-11.00am
Friday 2 <sup>nd</sup> December	Stage 2 Taronga Zoo Excursion
Week 9	
Monday 5 <sup>th</sup> December	Assembly Kinder 2017 Interviews
Tuesday 6 <sup>th</sup> December	Kinder 2017 Interviews
Thursday 8 <sup>th</sup> December	Presentation Day Years 3 - 6
Friday 9 <sup>th</sup> December	Presentation Day K - 2 Christmas Carols – (night)
Week 10	
Tuesday 13 <sup>th</sup> December	Year 6 Farewell Dinner

## Tenambit Public School Talent Quest

Back by popular demand this year is our annual talent quest. Students will audition to perform and selected students will then perform for the school. Auditions will be held in Week 5 and the talent quest will be held in Week 7. Dates to be finalised shortly. In the past we have had singers, dancers, puppeteers and even comedians. So Tenambit get your talent together and show us what you have got.

### Coloured Ribbon Day

In support of cancer awareness month, next Monday, 31st October, we will be holding a cancer fundraiser. Students will be able to purchase a coloured ribbon to pin onto their uniforms for \$1.00.

Thank you to Miles Punch who is organising this day and is already proudly wearing a ribbon pinned onto his uniform.

### Did you know that.....

Ms McDonnell has abseiled in the Blue Mountains....but not in winter.

## Sports News

### Swim School

Swim School will run again this term in Weeks 5 and 6. The program will run daily at East Maitland Pool with students walking down with teachers. Notes have been sent home and they need to be returned as soon as possible. Cost of the program is \$30.00

### Reg Kelly Cricket

On Friday 4<sup>th</sup> November Tenambit will play two games of Reg Kelly cricket at Maitland Park. The team will travel by private transport to the ground. Notes will be handed out this week and are to be returned to Mr Manning.

## Canteen

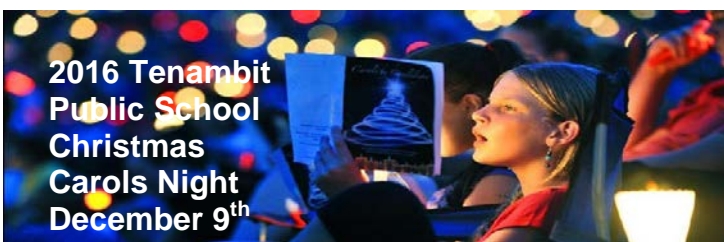
### Canteen Roster

Week 3		
Tuesday	25 <sup>th</sup> October	Narelle, Fiona, Pieta, Belinda
Wednesday	26 <sup>th</sup> October	Kaye, Narelle, Karleigh
Thursday	27 <sup>th</sup> October	Liane, Kaye, Victoria, Rebecca
Friday	28 <sup>st</sup> October	Liane, Samantha, Luke
Week 4		
Monday	31 <sup>st</sup> October	Liane, Belinda, Samantha

### Choir Visit to OPAL Homes

On Thursday, the school choir had the privilege of entertaining the residents of two OPAL nursing homes at Rutherford and Aberglasslyn. Students delighted the men and women who gathered in large numbers to hear them sing a rendition of seven well-known songs. The residents were overjoyed when the students also chatted with them and read books to them. It was such a wondrous experience and the residents and students are looking forward to visits in the future.

Ms Gray & Mrs Sandner – Choir Leaders



Do you have a creative talent or know someone who does?  
Do you have a small business venture that you would like to share with the community?

**Do you sell candles**

**Jewellery**

**Clothing**



At our biannual Carols by Candlelight event, we are inviting interested people or small businesses to set up a market stall. Carols this year is on **Friday 9th December from 5.00pm – 8.00pm.**

**The cost for each stall is \$30.00.** Please contact the office with your name and stall details if you are interested in being part of our 2016 Carols night.

### Did you know that.....

Mr Gaffney is proficient at sewing and does all of the running repairs on clothes for his family - taking up hems, sewing on buttons.

### Canteen Volunteers

We are seeking volunteers for our school canteen. If you are able to spare some time to assist it would be greatly appreciated. There are a variety of options available:

- One day per week, fortnight, month or term (whole day is 8.30am-2.30pm)
- Mornings only (8.30am-11.30am)
- Afternoons only (1.00pm-2.30pm)
- Flexible times can be arranged

Please see Liane in the canteen if you can assist in anyway. If we can't get enough volunteers for everyday we will have to consider closing one day a week.

### Community Fun Day

At last week's P&C meeting it was decided that we would hold a Community Fun Day on the weekend of our Art Show in 2017. This will be held on Saturday 25<sup>th</sup> March between 10.00am and 2.00pm.

We will be holding a meeting in the canteen next Monday 31<sup>st</sup> October at 2.30pm if anyone is interested in making suggestions or helping out.



### From the office:

- Want to make a payment? As of the start of this term parents can now make direct payments through our school website.

Please see below for further details or contact the school office for more information.

### Parents Online Payments

Go to the school website,

<http://www.tenambit-p.schools.nsw.edu.au/>

and the **\$ Make a Payment** link will be on the front page. By selecting the link you will be taken to a secure Westpac Quickweb payment page.

### Positive Behaviour for Learning PBL

### PBL Affirmation for the Week

*I can play respectfully with others!*



Nutrition Snippet

## The simplest way

### ...to love lentils.

Lentils are a versatile addition to all sorts of meals, from salads to curries, stews, soups, veggie burgers and much more.

Better still, like all legumes, lentils count as a vegetable!

Add some lovely legumes to your next meal to help you on your way to eating five serves of veg every day.



Prepare your own dry lentils or use canned varieties.

Why not try this lunch box-friendly lentil salad?

Prepare lentils according to packet directions or rinse canned lentils. Mix with rocket and feta and dress with a dash of balsamic vinegar. Or try with cherry tomatoes, sliced spinach and chopped spring onions.

For more recipe ideas go to: [eatittobeatit.com.au](http://eatittobeatit.com.au).

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

