Enrichment Learning Grids: Stage 2

Weeks 6 - 7

The Enrichment Learning Grids have been organised into topic areas and provide a range of activities for students to choose from. Students complete a variety of activities daily, with guided support from parents/carers. If you have access to a device, you can choose some of the online learning options. Parents/carers please supervise your child when working online. Additional support material can be found in the appendices, which are attached to this document.

PHONICS/SPELLING/GRAMMAR

Choose your activity below:

Editing

Rewrite the text 'My Cat', in your exercise book. Correct the errors!

Appendix 1: My Cat



Nouns: Person, Place or Thing

Write down the nouns in this poem:

Mary had a little lamb It's fleece was white as snow, yeah Everywhere the child went The lamb, the lamb was sure to go, yeah

He followed her to school one day And broke the teacher's rule And what a time did they have That day at school

Dictionary Work

Find the definition for some of your spelling words.

Phonics Focus!

What is the phonics (sound) focus of the week?

With your parent/carer, list as many words you can that have the same sound.

How quick are you?

How many times can you write your spelling list in 1 minute?

See if you can improve!

Verbs

Write a list of verbs (doing words) that a bird can do e.g. fly

Challenge: Can you get 10?



Using your finger, write your spelling words on someone's back.

Back Words

See if they can guess the word!

Adjectives

Describe your perfect holiday spot using as many adjectives (describing words) as you can e.g. golden sandy beach.





Rap it out!

Write a rap using as many of your spelling words as you can.

Boggle

How many words can you make with these letters? You can use them twice!

dfogesarni

Bubble Words

Write your spelling words in bubble writing!



Alphabetical Order

Write your spelling words in alphabetical order.





READING

Choose your activity below:

Clever Connection

Choose a book you have read. Think about a connection you made to this book...

- to yourself
- to another book you have read
- to the world around you
 Write about your connections.



Artful Artist

Choose a scene from a book you have read.

Draw a detailed picture of the scene.

Story Map

Choose a book you have read.

Create a story map to show the different places the characters went to in the story.



Character Captain

Choose your favourite character from a story you have read.

Write a description of the character and include as much information as you can.



Be a Word Wizard!

Find 2-3 tricky or interesting words in a book you have read. For each word:

- Copy the sentence from the book that has the word in it.
- Look up the word in the dictionary or Google it to find the meaning. Write the meaning.

Now write your own sentence using that word.

Storyteller

Write a summary of a story you have read. Your summary should be at least 4-5 sentences.

Make sure you include the main characters, the setting and main events that happened in the story.

Book Reviewer

Write a review on a book you have read.

Write what you liked about it and didn't like about it.

- Should your friends read it?
- Write at least 5 sentences.
- Give it a star rating out of 5.

10 Questions

If you could meet one of the characters from your book, what would you ask them?

Write 10 questions.

Epic

Login to your class epic using your class code and do some reading!

www.getepic.com/students

3/4 Blue: xml0887

3/4 Green: ycb2274

3/4 White: idy4995

3/4 Red: ysk7079

Passage Performer

Choose a page or two from a book.

Practise reading the passage over, until it sounds smooth. Now, practise using expression in your voice.



Compare and Contrast

Choose 2 books you have read.

- 1. What is the same about the characters?
- 2. What is different about the characters?
- 3. What is the same/different about the setting and story?

Action! Action!

Act out a story (or part of it).

Get your toys to be extra characters or ask other people in your home to join you.

Perform it for a pretend audience, someone at your home or your toys.

WRITING

Choose your activity below:

Favourite animal!

Choose an animal that you love. Write everything you know about it.



Letter to a Friend

Write a letter to a friend and tell them why we need to save water.



Behind the News (BTN)

Watch the latest episode of BTN.

https://www.abc.net.au/btn/classro om/20210803-ep21-btn/13475736

Watch the story and use your summarising skills to write down at least 5 important or interesting points from the video.

How to make the most disgusting sandwich?

Create a list of ingredients and write a recipe about how to make the most disgusting sandwich.

A good friend

Write about what you think makes a really good friend.



Journal Writing

Keep a daily journal.



Description

Describe a forest!

Make sure to include:

- 5+1 senses
- adjectives (descriptive words)
- correct punctuation

Draw a picture to go with it.

Persuasive



Should junk food be sold at school? Write about why you think it should or should not.

- Introduction
- 2 or more arguments (reasons)
- Conclusion
- Correct punctuation and spelling

Monster Invention

Invent a monster and describe it. Describe its features and where it lives.



Finish the story...

It touched my hand, sending shivers down my back!

Question time!

If you could ask your teacher 5 questions, what would they be?



Finish the story!

"Suddenly, in a puff of smoke a dragon appeared..." Finish the story!





MATHEMATICS

Choose your activity below:

Number Challenge

The answer is 40!

What could the question be?

List as many questions as you can that equal that answer.

Challenge: Can you get 50??



Card Multiplication

Using your deck of cards, pick 2 cards and multiply them together.

Keep going until you have 10 combinations!

Make sure only to use the cards in the deck with numbers on them. Note: Ace = 1.



Card Addition

Using your deck of cards, pick 2 cards and add together.

Check the appendix as the value of the picture cards have been changed!

Challenge: Choose 3 or 4 cards and add together and use the formal algorithm!

Appendix 2: Card Addition

Descending Order

Use the numbers in the appendix and write them in descending order.

Appendix 3: Descending Order





Jump Strategy

Click on the links to watch some videos to remind you how to do jump strategy for addition.

https://www.youtube.com/watch?v=nrCQ6Cd BT9M

https://www.youtube.com/watch?v=6jg9Gwa 1F1M

This one shows subtraction.

https://www.youtube.com/watch?v=ZuY6Fp0 wgpM

Shortest to Longest

Find 10 straight objects around your home e.g. toothbrush, a pen, wooden spoon.

Place the objects in order from shortest to longest.



Split Strategy

Watch the links to remind you how to use split strategy for addition.

https://www.youtube.com/watch?v=J9bhsHzp qi8

These ones show subtraction.

2-diait

https://www.youtube.com/watch?v=84OXQiz TEFU

3-digit

https://www.youtube.com/watch?v=8UbYAd WZizI

Greedy Pig

Watch the video and play the game of greedy pig with a family member

https://www.youtube.com/watch?v=gMFMpC3 mC 0

Time

Draw some analog clock faces to show the time that you did certain things in your day.



e.g. I ate breakfast at 7 o'clock this morning



3D Objects

Find some objects around you that that are the follow 3D objects:

cube

triangular prism

cylinder

rectangular prism



Volume and Capacity

Find things around your home that hold:

250mL

500mL

1L

More than 1L



Maths Puzzle!

Complete the maths puzzle

Appendix 4: Maths Puzzle

SCIENCE & TECHNOLOGY Choose your activity below:	HISTORY/GEOGRAPHY Choose your activity below:	CREATIVE ARTS Choose your activity below:	PDHPE Choose your activity below:
Freeze it! Choose a water-like liquid, a thick viscous liquid, an alcohol-based liquid, a solid that easily melts and a solid that does not easily melt. Put them in the freezer and see what happens. What happened to the food/drink? Did it change or stay the same? How long did the change take?	Life of a Convict Look through and read the website to find out what it was like to live as a convict www.sydneylivingmuseums.com.au/ convict-sydney/day-life-convict	Directed Drawing Choose and complete a directed drawing of your choice. https://www.youtube.com/user/Artf orKidsHub/videos	Being thankful Write a letter to someone who has helped you with at home learning. Tell them how and why they have helped you.
Freeze it continued Draw a detailed picture with information about 1 food that you placed in the freezer and how it changed when it was frozen.	Convict Letter Imagining you are a convict in Maitland, write a letter home to your family about the difficulties you would face. Make sure to include things such as: - How much work are you doing? - What foods are you eating? - Where are you sleeping?	Food Art With permission, for a snack or meal and create art to make a picture.	Physical Education (PE) Focus Mrs Morison wants you to continue to develop your PE skills. Have fun! Appendix 5: PE Activity

MINDFULNESS & POSITIVITY

Choose your activity below:

Kindness

Do an act of kindness and record it.

Will you write it, draw a picture or take a photo?

Candle Breathing

Practise your special breathing.

Appendix 6: Breathing

Gratitude

Have you started your Gratitude Jar?

Each day write or draw something you are grateful for and place it in your Gratitude Jar.

Counting Breaths

Practise your special breathing.

Appendix 6: Breathing

Circle Breath

Practise your special breathing.

Appendix 6: Breathing

Reflection Time

At mealtime, take it in turns to share your favourite thing from the day.

Why was this your favourite thing? How did it make you feel?

Waterfall Breath

Practise your special breathing.

Appendix 6: Breathing

Being Unique

Why is it good that everyone is different?

Draw or write your response.

Peaceful Kids

Try a meditation.

Draw or write how you are feeling before the meditation, then how you feel after the meditation.

https://www.peacefulkids.com.au/meditations1.html

10 Strengths

Draw a picture of yourself.

Write 10 strengths about you around your picture.



Values

Respect, Responsibility & Excellence are our school values.

Are you practising our values at home? Explain.



Choose Kind!

Write/draw a song; poem; comic; or make a short video with the key message 'being kind'.

HANDS ON LEARNING

Choose your activity below:

Puzzle Time

Complete a puzzle with a family member.

Gardening

Weed the garden or plant some seeds.

Shape Shifter

Draw and name every shape you can think of in 2 minutes.
Use only these shapes to draw a robot or creation of your choosing.

Cooking Fun

With your parent/caregiver, cook something delicious.
Share with your family.



Book Bento Boxes

Bento is Japanese for a takeaway meal that is served in a box with separate sections for different portions.

Make a Bento Box, using a book and 5-7 items that represent the book.



Exercise Your Brain

Draw a picture using a pencil.

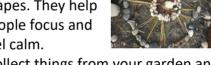
Using your opposite hand, try to draw the same picture.



Mandala

Mandala means "circle".

They are made with geometric shapes. They help people focus and feel calm.



Collect things from your garden and make a mandala.

Curious!

Trace around your hand and write a question on each finger.
Choose one question and spend 5 minutes writing down everything you know about this topic.

Mix It Up!

Pick an item in your house.

Add or change something about this item to make it even better.

Draw it and explain what it is for.



Construction Time

Construct something using Lego, blocks or something similar.

Sketch your design.

Musical Instruments

Make a musical instrument from something you can find at home.



Recycled Art

Create something using items from your recycling.

BRAIN BREAKS

Choose your activity below:

Paper Plane Go! Make three paper planes.

Find a laundry basket/bucket/large box to be your target.

Stand away from the target and throw your paper planes.

1 point for hitting the target.

2 points for landing in the target.

Over, Under, Around & Through

Make your way around your house or garden, going over items, under items, around items or through items e.g. over the dog bed, under the table, around the dining table and through your bedroom doorway.

Be careful not to damage anything on the way (including yourself!)

Jog in Place

Jog in place and perform the following actions.

Wiggle your fingers; fingers & wrists; fingers, wrists & forearms; fingers, wrists, forearms & elbows; fingers, wrists, elbow & shoulders; fingers, wrists, elbows, shoulders & ribcage; fingers, wrists, elbows, shoulders, ribcage, hips; fingers, wrists, elbows, shoulders, ribcage, hips & knees; fingers, wrists, elbows, shoulders, ribcage, hips, knees & head.

Mime these!

Act out some of these ideas without using equipment. Remember to make it look like you are using the equipment.

- Perform a basketball shot
- Hit a baseball
- Throw a rugby league pass
- Kick a soccer goal
- Bowl a bowling ball get a strike!
- Surf on a surfboard wipeout!
- Swim underwater look for fish.

Your Name

Go for a walk and find ten things that begin with the first initial of your name.

Can you find one thing for every letter in your name?

Noughts & Crosses

Play 5 games of noughts and crosses.

How many games were a draw?

Squiggles

Draw a random squiggly line (or have someone draw one for you).

Try to turn the squiggle into a picture.

Stretch it out

Perform a whole-body rocket stretch while lying on the floor.

Start at your toes and slowly stretch up to your fingertips and then above your head. Then, slowly relax starting with your fingertips.

Go Noodle!

https://www.gonoodle.com

Just Dance

Search 'Just Dance' on Youtube and select a suitable song/dance to move to.

Darebee

Mr Grumpy or Cardio Fix

https://darebee.com/

Cosmic Kids Yoga

https://www.youtube.com/user/Cosmi cKidsYoga

Editing

(10) My Cat

i could see my cat stairing with her big blue eyes her tail was swaying and her paws were ready to pounse she took a long pause and then jumped up to katch a bug as it blew past tomorrow i will tell the tale to my friends



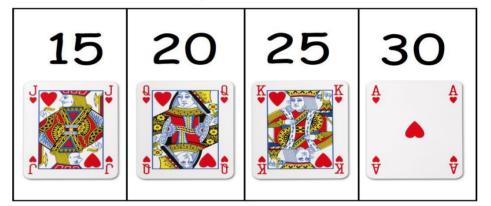
Find 3 spelling mistakes. Add 4 capital letters and 4 full stops.



Appendix 2

Card Addition

Value of picture cards



Descending order

a)

38	76	32	19
26	17	41	67

b)

385	276	332	930
192	177	417	267

c)

2385	4276	2332	1930
1926	1177	9417	4267

Appendix 4

Maths Puzzle

Missing Number Puzzles

These puzzles are tricky!

Use 1 through 4 to finish each equation. Use each number only once.

Each column is a math equation. Each row is a math equation.

HINT: Multiply BEFORE you add and subtract!

-	3 < 1	2.	x 2	* ×	+ 7	8
-	2	4.	-2	+	×	5

Physical Education (PE)

GET MOVING

Using the PE MOVEMENT chart (next page) select <u>one</u> activity from each column (warm up, move, cool down) and perform each for approximately 1½ minutes each_

IMPROVE YOUR SKILL 1. - STRIKING A BALL- using a bat/racquet

You will need a light ball, or improvised ball – such as rolled up socks, paper or even aluminium foil and a bat, or improvised bat – such as a rolled-up magazine, paper, cardboard tube etc.

- 1. Keep the ball up for 1 minute (continuously tap the ball to keep it in the air) If the ball hits the ground, perform 5 jumping jacks and try again.
- 2. Tap the ball into the air as you walk jog, skip, sidestep etc. from one end of an area to another.
- 3. Repeat step 1 but try to 'flip' the 'bat' so that you perform a forehand and backhand action like in badminton.
- 4. Repeat step 3 but attempt to hit the ball from one side of your body to the other left right.
- 5. Find an object to use as a mini barrier/net. Tap the ball upwards over the barrier and then attempt to move to the other side and tap it back like a solo game of tennis. How many times can you tap the ball to yourself across the barrier?

IMPROVE YOUR SKILL 2. – STRIKING A BALL – using your hand or racquet

You will need a tennis ball, or similar item.

- 1. Hit the ball in the air 10 times
- 2. Hit the ball against a wall (make sure you get permission or use an outside wall if possible) 10 times. Can you catch it in between hits?
- 3. Hit the ball against a wall, trying to hit a target. (Stick a piece of paper or a chalk dot get permission first.)
- 4. Hit the ball into the air 3 times in a row without it hitting the ground.
- 5. Hit the ball against the wall 3 times in a row without catching it, or having it hit the ground.
- 6. CHALLENGE Can you hit the ball against the wall, followed by into the air, then back at the wall etc. without it hitting the ground? How many can you do in a row?
- 7. Place a target on the ground (hoop, placemat, chalk circle etc.) Strike the ball, so that it hits the target, bounces off the wall and back catch.
- 8. Repeat step 7, but attempt to strike repeatedly, without catching, but still hitting the target on the ground prior to hitting the wall.
- 9. CHALLENGE Try to hit the ball onto the ground target and then hit the wall target, before catching or if you are up to it continue and see how many times in a row you can hit the floor target AND the wall target without catching the ball.

COOL DOWN	BUTTERFLY STRETCH	ARM ACROSS BODY	CHILD'S POSE	QUAD STRETCH	SIDE STRETCHES	TOE TOUCHES
MOVE	FROG JUMPS	BUTT KICKS	Signatura	Sal	MOUNTAIN	JOG ON THE SPOT
WARM - UP	ARM CIRCLES	JUMPING JACKS	STRETCH TALL	BASKETBALL SHOOTING ACTION	MARCH ON THE SPOT	DANCE ON THE SPOT

Breathing

Candle Breathing

Hold one hand up with your fingers stretched out wide.

Take a big breath in and blow one of your fingers as if it were a birthday candle.

Fold that finger down. Blow down each finger/candle down one at a time.



Counting Breaths

As you breathe in, pinch each finger together with your thumb one at a time and count one, two, three, four. As you breath out, pinch each finger together with your thumb and count to four again.

123



www.headandheartmindfulness.com.au

Circle Breath

Place your hands together so that they are pointing to the ground. As you breath in, separate your hands and bring them out wide and then up high to join them back together above your head - as if tracing the outline of a circle. As you breathe out, bring your hands down tracing the same path as before.



Waterfall breath

As you breathe in, gently lift your hands in a straight line up above your head. As you breath out, wriggle your fingers and move your hands down towards the ground whilst making a soft 'shhhhh' sound.





www.headandheartmindfulness.com.au

www.headandheartmindfulness.com.au www.neadandheartmindfulness.com

Breathing Cards from: Headandheartmindfulness.com.au