




Enrichment Learning Grids: Stage 1





Weeks 8 – 9

The Enrichment Learning Grids have been organised into topic areas and provide a range of activities for students to choose from. Students complete a variety of activities daily, with guided support from parents/carers. If you have access to a device, you can choose some of the online learning options. Parents/carers please supervise your child when working online. Additional support material can be found in the appendices, which are attached to this document.

PHONICS/SPELLING Choose your activity below:			
How quick are you? Read the spelling/phonics list for the week and time yourself. <i>Can you beat your time?</i>	Phonics Focus! What is the phonics (sound) focus of the week? With your parent/carer, list as many words as you can that have the same sound/spelling rule.	Join the Dots! Write your phonics/spelling words out using dots and then join the dots with a coloured pencil to join the word.	Hopscotch Draw a hopscotch frame and write words from the spelling/phonics list for the week in each square. As you jump on the square, say the word.
Silly Sentences Use your phonics/spelling words to 	Pyramid Writing Write three of your words shaped like a pyramid e.g. t th tha that	Rhyme List Make a list of all of the 'ell' rhyming words you can think of e.g. bell, fell. 	Macaroni Words Make five words from your list with dry (uncooked) macaroni and paste these onto a piece of paper.
Daily Learning Tasks: Yellow Activity Watch the clip that matches your fortnightly phonics/spelling focus. ff, ll, ss, zz https://www.youtube.com/watch?v=tRNKroL8ZFo or https://www.youtube.com/watch?v=v0VL4Vn97n0	Water Paint Words Use your paint brush from your resource pack, dip the end in water and paint your phonics/spelling words on the pavement.	Magazine Hunt Find your phonics/spelling words in a newspaper or magazine, cut them out and paste these into your scrapbook. 	Daily Learning Tasks: Green Activity Watch the clip that matches your weekly phonics/spelling focus. <ss> spelling for the /s/ sound https://www.youtube.com/watch?v=lf2LRiGZG3w <ck> spelling for the /k/ sound https://www.youtube.com/watch?v=ZyklpT2ZIB8




READING

Choose your activity below:

<p>Using Expression</p> <p>Read your book out loud to someone remembering to use expression!</p> <p>E.g. Use a loud, soft, high or low voice that reflects the storyline and characters. Pause for punctuation.</p>	<p>Reading Buddy</p> <p>Choose a book you have read.</p> <p>Read the words or explain the pictures to a teddy.</p> <p>If you get stuck on tricky words, use decoding strategies.</p> <p>Appendix 1: Decoding Strategies</p>	<p>Retell</p> <p>Choose a book you have read.</p> <p>Think about what happened at the beginning, middle and end.</p> <p>Draw a picture to show what happens at each stage.</p> <p>Appendix 1: Retelling Sequence</p>	<p>Book Review - Favourite Part</p> <p>Record a book review for a book you have enjoyed reading.</p> <ul style="list-style-type: none"> • <i>What book did you read?</i> • <i>Who is the author/illustrator?</i> • <i>What was your favourite part?</i> • <i>Draw your favourite part.</i> 
<p>Spelling Rule</p> <p>How many of your phonics/spelling rule words can you find in a book?</p> <p>Write them in a list.</p>	<p>Draw a character</p> <p>Draw your favourite character from a book you have read.</p> <p>Label your drawing with key words to describe your character.</p>	<p>New book cover</p> <p>Create a new book cover for one of your favourite books.</p> 	<p>Phonics/Spelling Words</p> <p>Practise reading your phonics/spelling words for the week.</p> 
<p>Bug Club</p> <p>https://www.activelearnprimary.com.au/login?c=0</p> <p>Log into Bug Club.</p> <p>Choose a book to read or press the button to have it read to you.</p>	<p>Non-Fiction (facts)</p> <p>List three interesting facts you read in your book.</p> <p>E.g. Insects have six legs. A shark's fin is made of cartilage.</p>	<p>Conjunction Detective!</p> <p>Pick a book that you love to read. Select two-three pages and write down all the conjunctions that you find.</p> <p>Appendix 1: What is a conjunction?</p> 	<p>Tricky Words</p> <p>Write down any tricky words you come across while reading.</p> <p>Find them in a dictionary and write the meaning in your exercise book.</p>




WRITING









Choose your activity below:

<p>Timetable</p> <p>Make a timetable of your day/week and fill it in with what you have been doing.</p>	<p>Joke Writing</p> <p>Plan and create your own funny joke. E.g. 'knock-knock'. Write it in your book.</p> 	<p>Weather Report</p> <p>Look out the window or explore outside then write a description of today's weather. Record yourself reporting the weather.</p> 	<p>Birthday Card</p> <p>Design a birthday card for someone who is special to you and write a short message inside.</p>
<p>Flying Vs Being Invisible?</p> <p>Which superpower would you prefer? Write a response with at least 3 different reasons to support your opinion.</p> 	<p>Step-by-step</p> <p>Make something using construction materials (Lego, blocks, leaves, boxes). List the steps someone would have to take to make a creation like it. Appendix 2: WILF Procedure</p>	<p>Cubby House Writing</p> <p>Write a story using this idea.... <i>'It was the greatest cubby house in the world'.</i> Make sure to draw your cubby house first, then label it and then write. Appendix 2: WILF</p> 	<p>Senses</p> <p>Write a list of all the things that you can <i>hear</i> and <i>smell</i> in your home. E.g. parent cooking, children playing, flowers from the garden.</p>
<p>The Literacy Shed - 'Playmate'</p> <p>A boy grows tired of his best friend, a toy robot. He becomes angry with the robot and treats it badly...until a nightmare helps him realise he loves the robot. https://www.literacyshed.com/playmate.html <i>Write a diary/recount as the boy. Detail how he felt about the robot at first and how he changed his mind.</i></p>	<p>What's your story?</p> <p>Find your favourite photo or toy. Write a story using your photo or toy as an inspiration. Appendix 2: WILF Story</p>	<p>Make your own book!</p> <p><i>Will you make a fiction (story) or non-fiction (factual) book?</i> E.g. fairy tale or factual book about insects etc.</p>	<p>Keyboarding Zoo</p> <p>Improve your typing skills! https://www.abcy.com/games/keyboarding_practice</p>

MATHEMATICS

Choose your activity below:

<p>Race to 100!</p> <p>With an adult or a friend, use your cards to play Race to 100!</p> <p>Appendix 3: Race to 100</p>	<p>Seasons</p> <p>Write the months for each season of the year.</p> <p>E.g. <i>Summer, Autumn, Winter, Spring.</i></p> <p>Draw your favourite season in your scrapbook.</p>	<p>Measuring with Hands</p> <p>Find three pieces of furniture in your home and measure their length with your hands.</p> <p>How many hands long is it?</p> <p>Draw and label these with the measurement in your scrapbook.</p>	<p>Friends of ten & twenty</p> <p>Watch the videos and sing along as you learn your friends of 10 & 20.</p> <p><i>Friends of 10</i></p> <p>https://www.youtube.com/watch?v=QS5w8LRnnp0</p> <p><i>Friends of 20</i></p> <p>https://www.youtube.com/watch?v=4J_ea2JttAU</p>
<p>Beat It!</p> <p>Roll two dice and make the largest possible number e.g. 2 and 4, could make 24 or 42. The largest number would be 42.</p> <p>Write down your number and invite the next player to 'beat it!'</p> <p>Challenge: Use more than 2 dice to create three- or four-digit numbers.</p>	<p>Light or Heavy</p> <p>Find 5 objects around your home that are heavier than a potato.</p> <p>Take a photo of these next to the potato and draw these in your scrapbook.</p> 	<p>Number Sense</p> <p>Pick a number between 1-30. Write this in number form and in word form. Identify the number before it and after it and then list some combinations for this number.</p> <p>E.g. 25: $20+5=25$, $10+15=25$, $22+3=25$.</p> <p>Appendix 3: Number Sense</p>	<p>Toy Multiplication</p> <p>Collect an even number of toys e.g. 8, 10, 12 etc. Divide your toys into equal groups.</p> <p><i>How many groups can you make?</i></p> <p>Record your findings using a diagram, words and/or number equation.</p> <p>Appendix 3: Toy Multiplication</p>
<p>ABCYA-Base Ten Bingo</p> <p>https://www.abcya.com/games/base-ten-bingo</p> <p>Select the number range by clicking on the ones, tens, hundreds or thousands.</p>	<p>Recording Time</p> <p><i>What does your day look like?</i></p> <p>Keep a record of your day and note the time you do things. Record the time in digital and analog form:</p> 	<p>2D Shape Hunt</p> <p>Go outside to explore and find as many 2D shaped things as you can, e.g. the face of a brick is a rectangle.</p> <p>Draw and label them in your scrapbook.</p> 	<p>Connect the dots</p> <p>https://www.abcya.com/games/connect_the_dots</p> <p>Select your number range and create your picture by connecting the dots.</p>

SCIENCE & TECHNOLOGY Choose your activity below:	HISTORY/GEOGRAPHY Choose your activity below:	CREATIVE ARTS Choose your activity below:	PDHPE Choose your activity below:
<p>How Musical Instruments Make Noise</p> <p>Consider how different materials are used to produce different sounds.</p> <p>Watch the following video on how an acoustic guitar is made.</p> <p>https://www.youtube.com/watch?v=CBKPlv-wGLyo</p> <p>Watch the following video on how a trumpet is made.</p> <p>https://www.youtube.com/watch?v=GYxf-SbCS0</p> <p>Discuss the similarities and differences in materials and procedure to make a guitar and trumpet.</p> 	<p>Toys - Past and Present</p> <p>Watch 'The Lego Story' short film (15mins) to discover how Lego has changed over time.</p> <p>Draw what happened at the beginning, middle and end of the Lego story.</p> <p>Share your drawings and thoughts about the history of Lego on Seesaw.</p> <p>https://www.literacyshed.com/legostory.html</p>  or 	<p>Toy Making – Make Spinning Tops with Cardboard and Marbles</p> <p>A fun spinning top toy made with items from around the house. Get creative colouring patterns on their tops and playing with them!</p>  <p>Appendix 4: Toy Making - Make Your Own Spinning Top</p>	<p>Relationships</p> <p><i>Who is your support network?</i></p> <p>(Police Officer, Shop Assistant etc)</p> <p>Trace around your hand. In each finger write/draw a person who could help and support you. These people could be from your family and/or the community.</p> <p>Write a sentence explaining who the people are and how they can help you.</p> 
	<p>Cinemas Over time</p> <p>Watch the clip to see how the way we watch movies is changing.</p> <p>https://www.abc.net.au/btn/classroom/cinema-future/13313584</p> <p>Talk to an older adult (maybe a grandparent) and compare their experience of going to the movies to yours when you go with your family.</p> <p><i>How are these experiences similar/different?</i></p> 	<p>Dance Fever!</p> <p>https://www.dancefevermultisport.com/re motelearning/</p> <p>The password is available on Seesaw or by contacting your teacher.</p> <p>Go to 'Dance Lessons Kindy/1/2'</p> <p>'Lesson 1'</p>	<p>Physical Education (PE) Focus</p> <p>Mrs Morison wants you to continue to develop your PE skills.</p> <p>Have fun!</p> <p>Appendix 5: PE Activity</p> 

MINDFULNESS & POSITIVITY

Choose your activity below:

<p style="text-align: center;">Kindness</p> <p>Do an act of kindness and record it. <i>Will you write it, draw a picture or take a photo?</i></p>	<p style="text-align: center;">Candle Breathing</p> <p>Practise your special breathing. Appendix 6: Breathing</p>	<p style="text-align: center;">Gratitude</p> <p><i>Have you started your Gratitude Jar?</i></p> <p>Each day write or draw something you are grateful for and place it in your Gratitude Jar.</p>	<p style="text-align: center;">Counting Breaths</p> <p>Practise your special breathing. Appendix 6: Breathing</p>
<p style="text-align: center;">Circle Breath</p> <p>Practise your special breathing. Appendix 6: Breathing</p>	<p style="text-align: center;">Reflection Time</p> <p>At mealtime, take it in turns to share your favourite thing from the day.</p> <p><i>Why was this your favourite thing?</i> <i>How did it make you feel?</i></p>	<p style="text-align: center;">Waterfall Breath</p> <p>Practise your special breathing. Appendix 6: Breathing</p>	<p style="text-align: center;">Being Unique</p> <p><i>Why is it good that everyone is different?</i></p> <p>Draw or write your response.</p>
<p style="text-align: center;">Peaceful Kids</p> <p>Try a meditation. Draw or write how you are feeling <i>before</i> the meditation, then how you feel <i>after</i> the meditation. https://www.peacefulkids.com.au/meditations1.html</p>	<p style="text-align: center;">5 Strengths</p> <p>Draw a picture of yourself. Write 5 strengths about you around your picture.</p>	<p style="text-align: center;">Values</p> <p><i>Respect, Responsibility & Excellence</i> are our school values. <i>Are you practising our values at home?</i> Explain.</p> 	<p style="text-align: center;">Choose Kind!</p> <p>Write/draw a song; poem; comic; or make a short video with the key message 'being kind'.</p>

HANDS ON LEARNING

Choose your activity below:

Make It: Kinetic Sand!



[Appendix 7: Kinetic Sand Recipe](#)

Shadows

Go outside when it is sunny.
Place some toys on the ground near a piece of paper.

Can you trace their shadows?



Indoor Scavenger Hunt

Can you find...

- something plastic?
- something rough?
- something that floats?
- something that is shaped like a cube?

Slime Making!



[Appendix 8: Slime Recipe](#)

Design a Game

Can you make your own board game to play with your family?

Does your game need a die or counters?

What are the rules of the game?

Cupboard Cleanup!

Have a look through your cupboard and drawers.

Can you clean out some old items?

What will you do with these items?

Construction Time

Construct something using Lego, blocks or something similar.
Sketch your design.

Describe your creation to someone at home.

Family Portrait

Draw or paint a portrait of someone from your family.

Watercolour Painting: Clown Fish

Follow the directed art lesson.

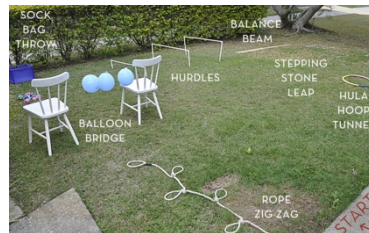
<https://www.youtube.com/watch?v=RZSR2ZD-dDM>

You will need: watercolours, paint brush, black marker, pencils, scrapbook, water and paper towel.



Outdoor Obstacle Course

Create an outdoor obstacle course.



Treasure Map

Hide a toy in your house.

Design a treasure map and mark an X where the treasure is hidden.

Have someone at home see if they can follow your treasure map.

Make a Paper Plane

*Can you design a paper plane?
How far does it fly?*

<https://www.youtube.com/watch?v=54noZe-0B1c>



BRAIN BREAKS

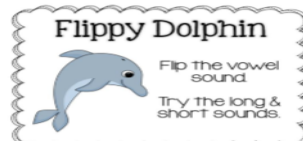
Choose your activity below:

<p>Look for the Good</p> <p>Go for a walk - with someone else. Walk where it's safe. Walk for at least 10 minutes. As you are walking when you see something that is 'good' tell your walking buddy and tell them why you think it is good.</p> <p>Some examples might be <i>funny animals, busy insects, lovely flowers, beautiful buildings, smiling people.</i></p>	<p>Joking Around</p> <p>Here's a couple of jokes to make you smile. Read them, giggle and share them. If you know some other jokes, share them too!</p> <p><i>Why do fish live in saltwater? Because pepper makes them sneeze!</i></p> <p><i>What did zero say to eight? Nice belt!</i></p>	<p>Soak up some sunshine</p> <p>Go outside and just have some time for you while you enjoy a little sunshine!</p>	<p>Colouring In</p> <p>Take some time to colour in a picture. If you can't find a picture to colour - draw your own picture and colour it.</p>
<p>A Note of Thanks</p> <p>Think about someone you are thankful for. Write them a little note to say why you are thankful. Decorate it and present to the person.</p>	<p>Animal Walks</p> <p><i>Can you move like an animal? How many different animal walks can you do?</i></p> <p>e.g. <i>a penguin, a snake, a frog...</i></p>	<p>Jigsaw</p> <p>Do a jigsaw with a family member.</p> <p><i>What is the best way to start?</i> (straight pieces first)</p> <p>Photograph your puzzle.</p> 	<p>Finger Spelling</p> <p>Use the link below to learn how to fingerspell. Can you spell your name? Video yourself spelling hello.</p>  <p>https://www.youtube.com/watch?v=AFP4a3foXLA</p>
<p>Go Noodle!</p> <p>https://www.gonoodle.com</p>	<p>Just Dance</p> <p>Search 'Just Dance' on YouTube and select a suitable song/dance to move to.</p>	<p>Darebee</p> <p>Do a workout that's suitable for you and a family member.</p> <p>https://darebee.com/</p>	<p>Cosmic Kids Yoga</p> <p>https://www.youtube.com/user/CosmicKidsYoga</p>

Appendix 1

Decoding Strategies

Ways to Take Action & Solve Words



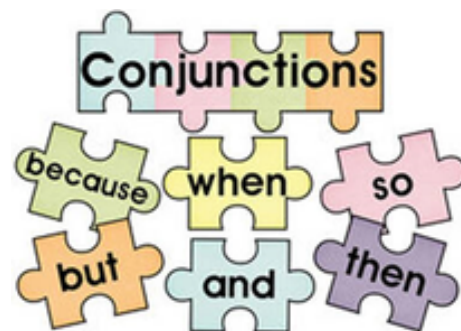
Growing Firsties

Retelling Sequence



What is a conjunction?

Conjunctions are joining words.



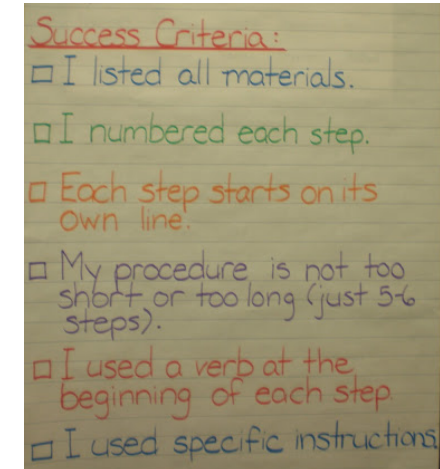
Appendix 2

What I'm Looking For (WILF)

1. A plan: Draw a picture of your plan and label it.
2. Capital letters, full stops, spaces between words.
3. Adjectives (describing words: blue, long, short).
4. Verbs (action words: swimming, running).
5. A sentence or story that makes sense. Hint: Read your writing aloud and try to fix up any mistakes.
6. Remember to talk about what you are going to write about before you start to write.

Have a go at writing your sight words. Your parent/carer can help you with topic words e.g. octopus, magpie, chicken, ocean.

What I'm Looking For (WILF): Procedure



What I'm Looking For (WILF): Story



Appendix 3

Toy Multiplication

4 groups of 2 is 8

$$4 \times 2 = 8$$



2 groups of 9 is 18

$$2 \times 9 = 18$$



Race to 100

Flip a card and add its value to your running total. First person to reach 100 or gets the closest to 100 without going over, is the winner.

Remove face cards (J, Q, K).



Number Sense



Appendix 4

Toy Making - Make Your Own Spinning Top

Supplies needed:

- Cardboard – corrugated cardboard from a box
- One marble
- Bamboo skewer / short stick
- Glue / hot glue (adult job)
- Markers/textas
- Four coins or washers
- Scissors
- Cup – for tracing a circle

Directions:

- Trace a circle on the cardboard.
- Use scissors to cut out the circle and make a hole in the centre (adult job).
- Decorate your top with markers, coloured pencils or crayons. Bright colours and bold patterns work best.
- Use hot glue/glue to attach the marble to the underside of the top (adult job). The hole in the cardboard gives the marble a place to sit, but it won't really fit IN the hole.
- Then glue four coins around the edge of the top, on the underside. Why coins, you ask? These give the top weight around the edge, which increases its 'inertia' and makes it spin longer.
- We tested tops with coins and tops without. The added weight really does increase the spinning time!
- You can use small metal washers instead of coins if you prefer.
- The final step in making your top is to glue a segment of a bamboo skewer or a short stick to the top side, where the hole is. Use a LOT of glue/hot glue (adult job), and hold the skewer upright until it dries.



SPINNING TOPS
Cardboard & Marbles



Appendix 5 PE Activity

P.E ACTIVITY – WEEKS 8 & 9 ES1 & S1

GET MOVING

Using the PE MOVEMENT chart (next page) select **one** activity from each column (warm up, move, cool down) and perform each for approximately 1½ minutes each.

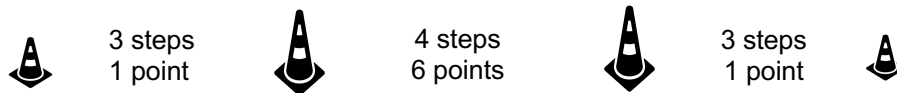
IMPROVE YOUR SKILL 1 - STRIKING A BALL - using an implement

You will need:

- a ball or improvised ball – such as rolled up socks, paper, or even aluminium foil,
 - something for striking – a racquet, small bat, or improvised bat – such as a rolled newspaper, book, etc.,
 - cones, or improvised markers – such as shoes,
 - a bucket/basket/box.
1. Place 2 markers approximately 5 giant steps away and space them about 1 metre apart. Place the ball on the ground and use your racquet to push the ball so that it travels between the markers. Keep practicing for 1 minute.
 2. Repeat step 1 – but this time strike the ball from the ground, instead of pushing it. This means you need to move the racquet away from the ball before hitting it.
 3. Repeat step 1 – but this time hit the ball from your hand. Hold the ball about waist height. Remember your belly button likes to watch the ball from your hand and as it goes through your target zone. You may move your markers a little wider for this activity.
 4. Repeat step 1 – but this time bounce the ball on the ground before hitting it. Remember to bounce the ball using your non striking hand and the ball should bounce up to waist height. Keep your eye on the ball as you strike and let your belly button watch the ball all the way to the target.

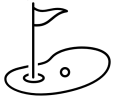
AFL STRIKING

1. Place 4 markers about 10 giant steps away, so they look like this.

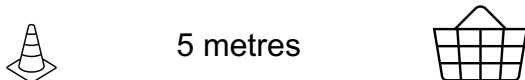




















Use different types of striking – from the ground, from your hand, bounce and hit etc. and try to get the greatest score you can after 10 hits. Move further away from your markers and try again. How far away can you move and still score 3 goals (6 points)?

GOLF STRIKING



1. Place the basket approximately 5 metres away from your marker. Use striking from your hand, bounce strike or toss and strike, to hit the ball into the basket. How many hits does it take to get it to land in the basket? Hit the ball from where it lands after each hit.
2. Move your marker further away and try again. Move your marker to 9 different starting positions and record how many hits each time to give yourself a total score for 9 'holes'.
3. If you want to increase the challenge, try 18 'holes'



WARM - UP	MOVE	COOL DOWN
 ARM CIRCLES	 FROG JUMPS	 BUTTERFLY STRETCH
 JUMPING JACKS	 BUTT KICKS	 ARM ACROSS BODY
 STRETCH TALL	 SIT UPS	 CHILD'S POSE
 BASKETBALL SHOOTING ACTION	 SQUATS	 QUAD STRETCH
 MARCH ON THE SPOT	 MOUNTAIN CLIMBERS	 SIDE STRETCHES
 DANCE ON THE SPOT	 JOG ON THE SPOT	 TOE TOUCHES

Appendix 6 Breathing

Candle Breathing

Hold one hand up with your fingers stretched out wide. Take a big breath in and blow one of your fingers as if it were a birthday candle. Fold that finger down. Blow down each finger/candle down one at a time.



www.headandheartmindfulness.com.au

Counting Breaths

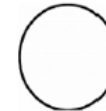
As you breathe in, pinch each finger together with your thumb one at a time and count one, two, three, four. As you breathe out, pinch each finger together with your thumb and count to four again.



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Circle Breath

Place your hands together so that they are pointing to the ground. As you breathe in, separate your hands and bring them out wide and then up high to join them back together above your head - as if tracing the outline of a circle. As you breathe out, bring your hands down tracing the same path as before.



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Waterfall breath

As you breathe in, gently lift your hands in a straight line up above your head. As you breathe out, wriggle your fingers and move your hands down towards the ground whilst making a soft 'shhhhh' sound.



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Appendix 7 Kinetic Sand Recipe

Kinetic Sand

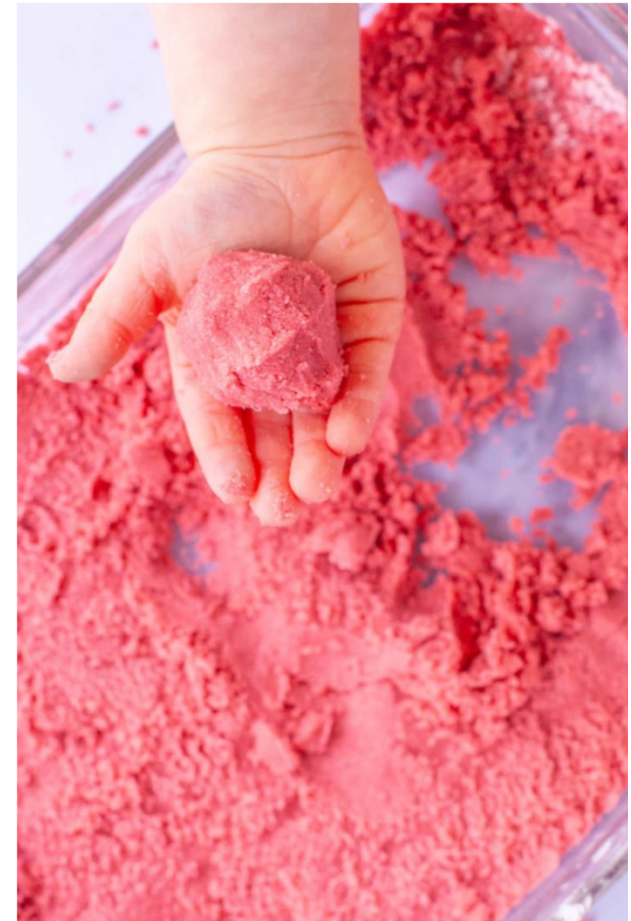
Ingredients:

- 2 ½ Cups of Fine Sand
- 1 ½ Cups of Corn starch
- ½ Cup of Oil

Method:

1. Mix sand and corn starch together completely
2. Mix in the oil well
3. When there are no dry spots, and no oily spots, the sand is ready to play!

<https://eatingrichly.com/wp-json/mv-create/v1/creations/213/print>



Appendix 8 Slime Recipe

How to Make Slime Without Glue

YIELD

Makes about 3 cups

PREP TIME

10 minutes

INGREDIENTS

- 1/2 cup thick gel shampoo, such as Suave or Johnson's 3-in-1 Kids
- 2 to 3 drops food coloring (optional)
- 2 1/2 cups cornstarch
- 1/4 to 1/3 cup cool water

EQUIPMENT

- Measuring cups and spoons
- Medium mixing bowl
- Rubber spatula
- Airtight container for storage
- Liquid measuring cup

INSTRUCTIONS

- 1

Mix the shampoo with food coloring if using. Pour 1/2 cup shampoo into a medium bowl. Add 2 to 3 drops food coloring and stir to combine.
- 2

Add the cornstarch and mix into a crumbly paste. Add 2 1/2 cups cornstarch and stir to combine. The mixture should be a thick, crumbly paste but homogenous.
- 3

Slowly mix in the water. Mix in water 2 tablespoons at a time until the mixture changes from crumbly to smooth, and finally slimy. You may not need all of the water.
- 4

Knead the slime until smooth and stretchy. When the mixture is fluid enough to handle, use your hands to knead and stretch the slime until smooth.

RECIPE NOTES

Storage: Store in an airtight container for up to 1 week at room temperature.