





Enrichment Learning Grids: Early Stage 1

Weeks 2 – 3

The Enrichment Learning Grids have been organised into topic areas and provide a range of activities for students to choose from. Students complete a variety of activities daily, with guided support from parents/carers. If you have access to a device, you can choose some of the online learning options. Parents/carers please supervise your child when working online. Additional support material can be found in the appendices, which are attached to this document.

ORAL LANGUAGE Choose your activity below:			
Be the Storyteller Watch the fairy tale closely: 'The Ugly Duckling' https://www.youtube.com/watch?v=X4o5_8cEAHs Watch it again with a family member. In your own words, tell them what you think is happening. <i>Why did the duckling think he was ugly?</i>	CVC Rhyme <i>Can you find two rhyming words in your CVC list?</i> Can you think of other words that rhyme with these two words. Appendix 1: CVC Words 	Sing Along Listen and sing along to the song: 'The Singing Walrus Action Song' https://www.youtube.com/watch?v=dUXk8Nc5qQ8 <i>Can you remember all of the actions that go with the words?</i> 	Fiction versus Non-Fiction Watch the video closely: 'Joy and Lucky Carp' https://www.youtube.com/watch?v=h4wFLWJ8MG4 Retell the story in your own words. <i>Why do you think the dog helped the fish?</i> Watch it again with a family member. Why do you think there are no words in this film clip?
Mystery Shape You see a mysterious shape outside your house. Use your imagination to create an interesting story about what the shape is. Tell your story to your parent/carer. 	Word Tag! Choose a sound you have practised this week. With a partner, take turns saying words that begin with this sound. Whoever can think of the most words is the winner!	I Spy! Play I Spy with the family, starting with one of the sounds we have used this week. <i>"I spy with my little eye, something beginning with the 'd' sound." (door)</i>	Syllable Hunt <i>A syllable is a beat in a word.</i> What animals can you find that have 1, 2, 3 or more syllables? E.g. cat = 1 syllable donkey (don/key) = 2 syllables
Alphabet/ Phonics! Sing along with the song saying the letter's name and the sound it makes. How many sounds do you know? https://www.youtube.com/watch?v=5PmB3SijNdQ	Rhyme Time How many words can you think of that rhyme with 'book' e.g. cook Complete the Seesaw activity to find words that rhyme with 'book'. 	Pretend Conversation Pretend that you are a teacher. One of the students in your class is an alien. Act out the conversation you would have with the alien with a family member. Switch roles and repeat.	Nursery Rhymes! https://www.youtube.com/watch?v=dhYWxbrUU0w Listen and sing along to nursery rhymes.

READING

Choose your activity below:

Raid Your Pantry!

Pick a packaged food item (e.g. a pasta or cereal packet) and see how many words you are able to read to your parent/carer.

You could write some of these words on a piece of paper.



Memory Card Game

Ask a parent/carer to help you write your heart words onto small squares of paper, twice. Place the cards face down; turn two cards over at a time; say the words and see if they are a match.

Appendix 1: Heart Words

Character Chat

Read one of your favourite books.

After the story, imagine that one of the characters has arrived at your house.

What questions would you like to ask them?
Record your conversation.



Book Review

Record a book review for a book you have enjoyed reading.

- *What book did you read?*
- *Who is the author/illustrator?*
- *What was your favourite part?*

Ending Change

Read one of your favourite books.

Change the ending of the story and draw a new illustration to match. Ask a parent/carer to notate your illustration to briefly explain your ending.



Sentence Scramble

Make up a sentence about your pet or a favourite animal. Ask a parent/carer to help write the sentence on a strip of paper. Cut the words of the sentence up into individual pieces.

Scramble the pieces then see if you can rearrange it to make the sentence again. Read the sentence to your parent/carer.

Target Practice!

Write your heart words onto a target and try to hit them with an object (ball, soft toy).

Say the words as you throw the object.

Appendix 1: Heart Words



Be a Word Detective!

How many of this week's heart words can you find in a book?

Appendix 1: Heart Words

Bug Club

<https://www.activelearnprimary.com.au/login?c=0>

Log into Bug Club.

Choose a book to read or press the button to have it read to you.



Feelings and Emotions

Look through your book collection. Think about the feelings and emotions of the characters.

Find an example of different characters who are: kind, sad, scared or angry.

Share these with your teacher.



Puppet Show

Read one of your favourite books.

Create some puppets, then create a puppet show to retell the story.

Make a Connection

Choose a book to read.











What does this book remind you of in your own life?

What connection did you make to the book?

Draw your connection and have your parent/carer write your words.





DRAWING and WRITING









Choose your activity below:

<p>Full Stop. Question Mark? Exclamation Mark!</p> <p>Watch the video about the importance of full stops and capital letters.</p> <p>Complete the Seesaw 'Punctuation' activity to decide which sentences need a full stop, question mark or exclamation mark.</p> 	<p>Letter to the Crayons</p> <p>Watch or read 'The Day the Crayons Quit' https://www.youtube.com/watch?v=489micE6eHU&t=4s</p> <p>Pretend you are Duncan and draw a letter for the Crayons showing them all of the reasons they should not quit.</p> 	<p>My Year</p> <p>Draw some pictures of some of the things you have done this year on different pieces of paper. Jumble all of the pictures up.</p> <p>Unjumble the pictures and place them in the order that the events happened throughout the year.</p>	<p>How to Build a House</p> <p>Build a house out of blocks or recycled materials.</p> <p>Draw or write a list of instructions showing someone in your family how to build the same house as you. Ask them to follow the instructions. Do your houses look the same?</p> 
<p>House for Sale!</p> <p>Imagine that your house is for sale.</p> <p>Create a poster to convince people that they should buy your house. Make your poster bright and catchy, and show people the best things about your house.</p> 	<p>Sensory Writing</p> <p>Practise writing some of your heart words in a tray of rice, sand, salt, dirt or shaving cream.</p> <p>Appendix 1: Heart Words</p> 	<p>Tall, Short, Tail Letters</p> <p>When we begin writing our sentences on lines, we need to know which letters are tall, which are short and which letters have a tail that hangs below the line.</p> <p>Complete the Seesaw 'Letter Sort' activity to sort the tall, short and tail letters.</p> 	<p>Back to School</p> <p>We are all getting ready to come back to school!</p> <p>Draw a picture of yourself on your first morning back at school. Write a list of everything you will need to take when you go back to school.</p> 
<p>Letter formation</p> <p>Complete the Seesaw 'Letter Formation' activities that are posted through the week.</p> <p>These activities have been provided by our Occupational Therapists to reinforce our correct letter formation.</p> 	<p>CVC Words</p> <p>Use magazines/newspapers and cut out letters to make your CVC words.</p> <p>Appendix 1: CVC Words</p> 	<p>Short and Long Vowels</p> <p>Watch Miss Hamilton explain the difference between short and long vowel sounds.</p> <p>Sort the words with the letter 'a'. Do they have a short or long 'a' sound?</p> 	<p>Word Wall</p> <p>Listen to the story 'The Witch's Cat' https://www.youtube.com/watch?v=5QHSKk31kOc&t=324s</p> <p>Listen for the words '<i>scrumptious</i>, <i>eagerly</i> and <i>shrieked</i>'. Talk to somebody at home about the meaning of these words.</p> <p>Are there any other words in this story that are interesting? Write the words on a piece of paper and stick to a wall in your house. Add to your word wall with interesting words from your stories at home.</p>

MATHEMATICS




Choose your activity below:

<p>Family Member Birthday Month</p> <p>Choose a member of your family and find out what month their birthday is in? Use a calendar to find the birthday. Say the months of the year, starting in January. Draw a picture of the season their birthday month falls in.</p> <p>https://www.youtube.com/watch?v=Fe9bnYRzFvk</p> 	<p>Ice Cube Tray or String Repeating Pattern</p> <p>Use an ice cube tray or string to create a repeating pattern.</p> <p>Find items from around the house that you could use to make this pattern.</p> <p>You might like to use beads, seeds, coloured pasta or small Lego blocks.</p> <p>Appendix 2: Ice Cube Tray Repeating Pattern</p> <p>https://www.youtube.com/watch?v=MBjixSx45-Q&t=1s</p> 	<p>3D Shape Sort</p> <p>Watch the video to learn about 3D objects.</p> <p>Find the activity on Seesaw to help you learn about 3D objects.</p> <p>https://www.youtube.com/watch?v=ZnZYK83utu0&t=22s</p> 	<p>Introduction to Area</p> <p>Watch the YouTube clip and then find the activity on Seesaw to help you learn about 'area'.</p> <p>https://www.youtube.com/watch?v=EGTBoUPAa30</p> 
<p>Creating with Shapes</p> <p>Find the activity on Seesaw to help you learn about 2D shapes.</p> 	<p>3D Object Sort</p> <p>Find objects in your home that look the same as a cone, cube, cylinder and sphere.</p> <p><i>Which objects can roll? Which objects can stack on top of one another? Which objects can slide?</i></p> <p>Appendix 2: 3D Objects</p> 	<p>Number Formation</p> <p>Watch the clip and practise writing your numbers.</p> <p>https://www.youtube.com/watch?v=VlfQhHQAUCY</p> 	<p>Measuring Your Length</p> <p>Find items around the house like Lego, straws or pencils. Lie down on the floor and have someone line the objects beside you to measure your length. Count how many objects you needed to measure your length. Choose another person in your house and measure their length.</p> <p>Appendix 2: Measuring Length</p> 
<p>Drawing 2D Shapes</p> <p>Watch the clip and practise drawing 2D shapes. You might like to find objects in your house you can trace around to help you.</p> <p>https://www.youtube.com/watch?v=kYIXM44-efs</p>	<p>Measuring Steps</p> <p>Measure in steps the distance from your bedroom door to your front door.</p> <p><i>How many steps?</i></p> <p>Now measure the distance from the front door to a different room in your house. <i>Is it nearer or further than your room?</i></p> <p><i>Which room in your house do you think is the furthest away? Use steps to measure.</i></p>	<p>Position and Direction</p> <p>Watch the video to learn about volume and capacity.</p> <p>Complete the 'Position and Direction' Seesaw activity.</p> <p>https://www.youtube.com/watch?v=xyMrLQ4ZI-4</p> 	<p>Counting to Thirty</p> <p>Watch the clip and practise counting to ten, twenty, or thirty. Once you have counted forwards you might like to try backwards.</p> <p>https://www.youtube.com/watch?v=SHIY9fzQd8</p>

SCIENCE & TECHNOLOGY Choose your activity below:	HISTORY/GEOGRAPHY Choose your activity below:	CREATIVE ARTS Choose your activity below:	PDHPE Choose your activity below:
<p>Digital Technology</p> <p>Think about the difference between objects that are digital and objects that are not.</p> <p>Find items of digital technology in your house. What are they used for?</p> <p>Colour in all of the pieces of digital technology in the picture.</p>  <p>Appendix 3: Identify Digital Devices</p>	<p>Birthday Traditions</p> <p>Watch the video about how birthdays are celebrated in different parts of the world.</p> <p>https://www.youtube.com/watch?v=HpWJteuRjAw</p> <p>Can you remember a time you have celebrated your birthday? What is something that you do the same each time you celebrate a birthday? The things that are the same each year are called traditions.</p> <p>Draw a picture of your birthday celebration. Label the traditions in your family.</p> 	<p>Art: Colour Sort</p> <p>Watch the video about sorting by colour.</p> <p>https://www.youtube.com/watch?v=xz5rA5ssww8</p> <p>Complete the Seesaw activity about sorting different shapes by colour.</p> 	<p>Road Safety</p> <p>Watch Ozzie practicing crossing the road. Notice the words that Ozzie remembers every time he crosses the road. Record your voice explaining why it is important to Stop, Look, Listen and Think when you cross the road.</p> <p>https://www.youtube.com/watch?v=quPIEv0llo</p> 
<p>Pirate Coding</p> <p>Help the pirate find his way around the map and collect his belongings!</p> <p>You will need to follow the arrows in the instructions to find each of the pirate's belongings. Draw a picture of each item once you have found it.</p> <p>You may complete this activity from the appendix, or as the 'Pirate Coding' activity on Seesaw</p>  <p>Appendix 4: Pirate Coding</p>	<p>People come from different places</p> <p>There are lots of places we have not been allowed to visit for a long time!</p> <p>Think about the places that are special to you. Which special place do you want to visit when the lockdown is over?</p> <p>Record a video explaining your favourite special place for your teacher, or complete the Seesaw 'Special Places' activity.</p> 	<p>Art Experiment- Mixing Colours!</p> <p>Watch the video on how to mix colours.</p> <p>https://www.youtube.com/watch?v=-PgMk1EzVkk</p> <p>Instead of food colouring and water use your paint palette and its lid to mix different colours. How many different colours can you make? Paint a picture with these colours.</p> <p>Take a photo of the finished product.</p> 	<p>Physical Education (PE) Focus</p> <p>Mrs Morison wants you to continue to develop your PE skills.</p> <p>Have fun!</p> <p>Appendix 5: PE Activity</p> 

MINDFULNESS & POSITIVITY

Choose your activity below:

<p>Safari!</p> <p>Explore the garden and use your senses to find living creatures.</p> <p>Draw your findings, making sure to include lots of detail.</p> 	<p>Bee Breath</p> <p>Practise your special breathing.</p> <p>Appendix 6: Breathing</p>	<p>Gratitude</p> <p><i>Have you started your Gratitude Jar?</i></p> <p>Each day write or draw something you are grateful for and place it in your Gratitude Jar.</p>	<p>Lion Breath</p> <p>Practise your special breathing.</p> <p>Appendix 6: Breathing</p>
<p>Ahh Breath</p> <p>Practise your special breathing.</p> <p>Appendix 6: Breathing</p>	<p>Mindful Looking</p> <p>Choose an object, any object, to really look at.</p> <p>Notice the colours, shapes, patterns, lines etc.</p> <p>Focus your awareness on this object.</p>	<p>Warm Breath/Cool Breath</p> <p>Practise your special breathing.</p> <p>Appendix 6: Breathing</p>	<p>Mindful Listening</p> <p>Close your eyes and sit very still.</p> <p>Focus your awareness on any sounds that you can hear within your body and around you.</p>
<p>Peaceful Kids</p> <p>Try a meditation.</p> <p>Draw or write how you are feeling <i>before</i> the meditation, then how you feel <i>after</i> the meditation.</p> <p>https://www.peacefulkids.com.au/meditations1.html</p>	<p>Happiness</p> <p>Close your eyes and think of a happy memory.</p> <p>Remember as much as you can:</p> <p><i>Who was there?</i></p> <p><i>What were you doing?</i></p> <p><i>How did you feel?</i></p>	<p>Values</p> <p><i>Respect, Responsibility & Excellence</i> are our school values.</p> <p><i>Are you practising our values at home?</i></p> <p>Record it: write/draw/picture/video</p> 	<p>Special Classmate</p> <p>Think of someone in your class that is special to you.</p> <p><i>Create a card or make a piece of artwork for them, showing them that you appreciate having them in your life.</i></p> 

HANDS ON LEARNING

Choose your activity below:

Map Maker

Draw a map of your house. Make sure to include lots of detail.



Number Hunt

With adult supervision, go for a walk in your street and see how many numbers you can find.

Gardening

Weed the garden or plant some seeds.



Letter Hunt

With adult supervision, go for a walk in your street and see how many letters you can find.

Games

Play a board game or card game, such as UNO, with a family member.

Free Time

Do an activity of your choice!

Music & Dance

Play your favourite song and come up with a dance routine.

Drawing Time!

Sit in a park and sketch something you see. Make sure to include lots of detail.



Watercolour Painting: Lady Bug

Follow the directed art lesson.

<https://www.youtube.com/watch?v=s8-IVDSdwdc>

You will need: watercolours, paint brush, black marker, pencils, scrapbook, water and paper towel.



Home Restaurant

With an adult, decide on a meal to make together.

Create a menu, set the table and enjoy a dinner together.



Home Sweet Home

Make a home for your favourite toy.

What does your favourite toy need to survive?

Have you included this in your design?



Home Helper


Can you learn a new job to do around the house?

You could:

- make your bed
- do the dishes
- tidy your room
- vacuum inside
- sweep outside

BRAIN BREAKS

Choose your activity below:

<p>Look for the Good.</p> <p>Go for a walk - with someone else. Walk where it's safe. Walk for at least 10 minutes. As you are walking when you see something that is 'good' tell your walking buddy and tell them why you think it is good.</p> <p>Some examples might be <i>funny animals, busy insects, lovely flowers, beautiful buildings, smiling people.</i></p>	<p>A Note of Thanks</p> <p>Think about someone you are thankful for. Write them a little note to say why you are thankful. Decorate it and present it to the person.</p>	<p>Soak up some sunshine!</p> <p>Go outside and just have some time for you while you enjoy a little sunshine.</p>	<p>Colouring In</p> <p>Take some time to colour in a picture. If you can't find a picture to colour - draw your own picture and colour it.</p>
<p>Joking Around</p> <p>Here's a couple of jokes to make you smile. Read them, giggle and share them. If you know some other jokes, share them too!</p> <p><i>Why do fish live in saltwater?</i></p> <p><i>Because pepper makes them sneeze! 🤧</i></p> <p><i>What did zero say to eight?</i></p> <p><i>Nice belt! 🤡</i></p>	<p>Animal Walks</p> <p>Can you move like an animal? How many different animal walks can you do? e.g. <i>a penguin, a snake, a frog...</i></p>	<p>Jigsaw</p> <p>Do a jigsaw with a family member.</p> <p><i>What is the best way to start?</i> (straight pieces first?)</p> 	<p>Finger Spelling</p> <p>Use the link below to learn how to fingerspell. Can you spell your name?</p> <p>https://www.signlanguageforum.com/auslan/fingerspelling/alphabet/</p> 
<p>Go Noodle!</p> <p>https://www.gonoodle.com</p>	<p>Just Dance</p> <p>Search 'Just Dance' on Youtube and select a suitable song/dance to move to.</p>	<p>Darebee</p> <p>Do a workout that's suitable for you and a family member.</p> <p>https://darebee.com/</p>	<p>Cosmic Kids Yoga</p> <p>https://www.youtube.com/user/CosmicKidsYoga</p>

Appendix 1 CVC Words / Heart Words

Week 2	
CVC List	Heart Words
pop	my was
cat	the he
hop	I she
wig	
cop	

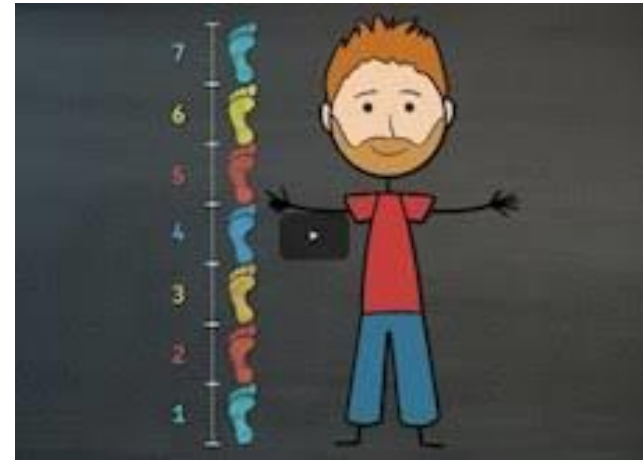
Week 3	
CVC List	Heart Words
dim	we are
beg	do her
lot	to see
him	
rim	

Appendix 2

Ice Cube Tray Repeating Pattern



Measuring Length



2D Shapes



Circle



Square



Triangle



Quadrilateral



Trapezium



Rectangle



Rhombus



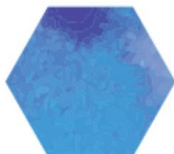
Oval



Parallelogram



Pentagon

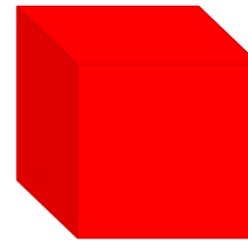


Hexagon



Octagon

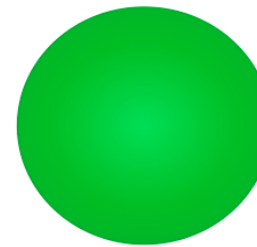
3D Objects



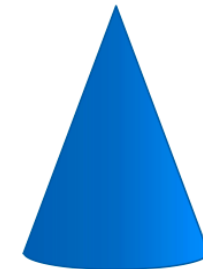
Cube



Cylinder



Sphere



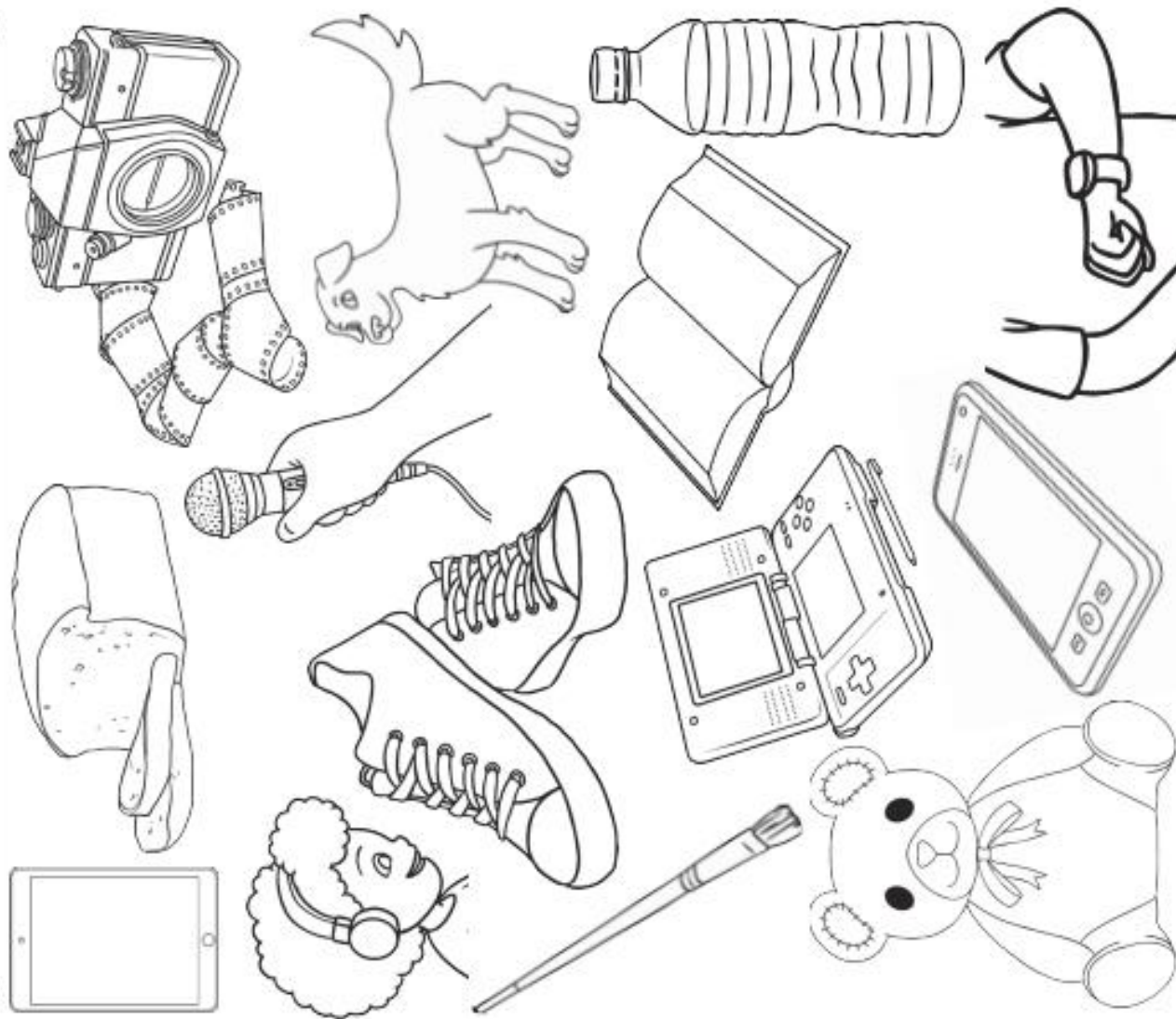
Cone

When sorting the 3D objects be sure to describe the different surfaces as curved and flat to explain why they can roll.

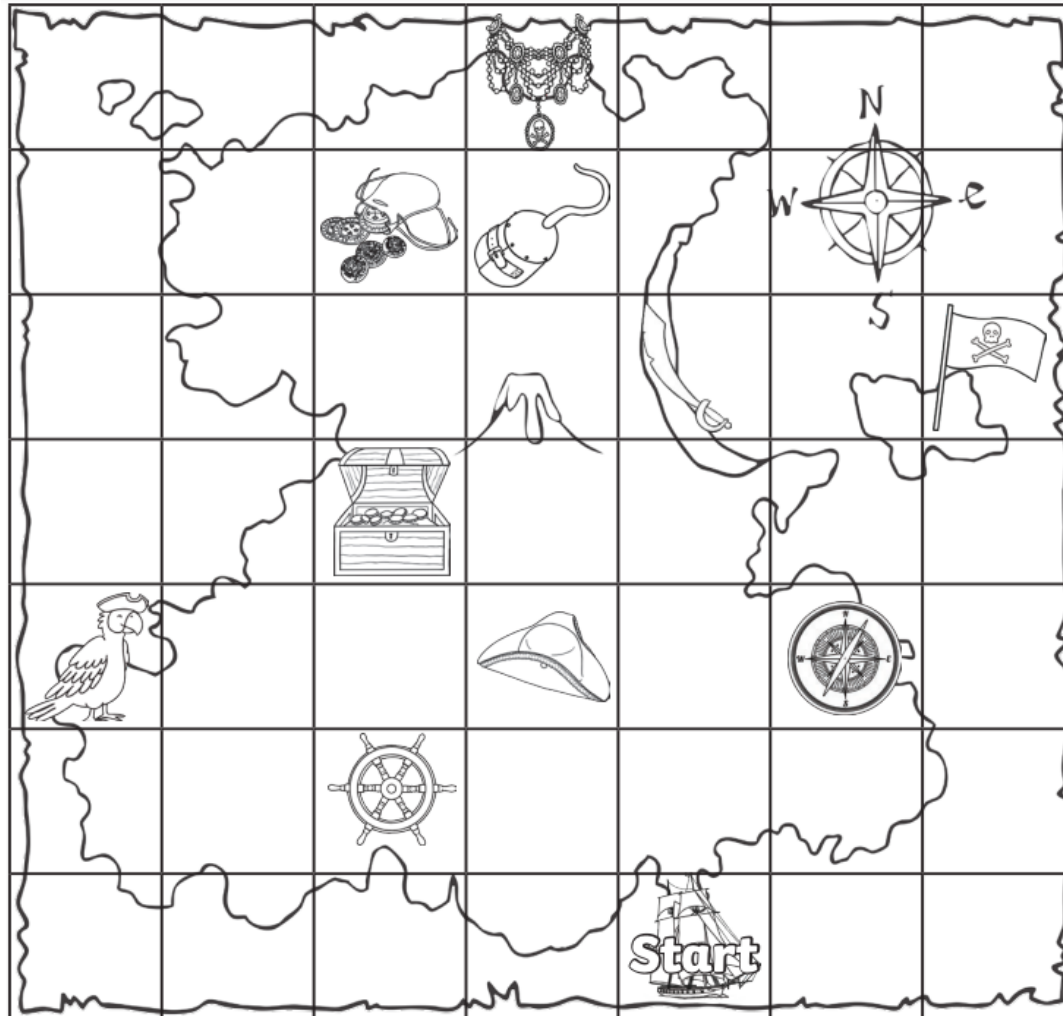
Appendix 3 Digital Technology











































Identifying Digital Devices

Which images are digital devices?
Colour in all the digital devices that you can find.



Appendix 4 Pirate Coding



1 Treasure Map Coding Command Cards Start     forward forward forward forward	I have found...  
2 Treasure Map Coding Command Cards Start     forward forward right turn forward	I have found...  
3 Treasure Map Coding Command Cards Start     forward left turn forward forward	I have found...  
4 Treasure Map Coding Command Cards Start     forward forward left turn forward	I have found...  
5 Treasure Map Coding Command Cards Start        forward forward left turn forward forward forward forward	I have found...  
1 Treasure Map Coding Command Cards Start        forward forward forward left turn forward right turn forward	I have found...  

Appendix 5 PE Activity

PREMIER'S SPORTING CHALLENGE FITNESS

Using the exercises in the table, create your own fitness workout.

Select 3-5 from each column and perform 5 - 10 reps of each or hold the pose for 30 seconds to a minute.

Try to build up your routine by increasing the number of reps, or the time you hold each pose for.

If you have a skipping rope, you could also include skipping as part of your aerobic fitness component.

AEROBIC FITNESS	MUSCULAR FITNESS	CORE STABILITY
 JUMPING JACKS	 SQUATS	 TREE
 PLANK JACK	 LUNGE	 SUPERMAN
 MOUNTAIN CLIMBER	 SIDEWAYS JUMP	 V SIT
 HIGH KNEE RUNNING	 PUSH UP	 PILATES ROLL UP
 BEAR CRAWL	 SQUAT	 HIGH PLANK

GET OUT AND PLAY

Is there a skill you want to improve? Is there an activity you enjoy? Is there someone you can play with, or are you going to play on your own? What equipment do you have that you can use? Just take the time to go outside and have some fun!

Have a look at some of the ideas below to get you started.

- Jump Rope
- Hula hooping
- Obstacle Course
- Bike Ride
- Soccer dribble and shoot
- Basketball skills
- Throw & catch
- Handball game
- Walk your dog
- Juggling
- Hide and seek
- Tag games

Maybe you could try a game of **SLAM BALL**

The object of the game is to successfully catch the ball after it bounces in the hoop or chalk circle. To start the game, the 1st player throws the ball into the hoop. The 2nd player attempts to catch it. **Scoring:**

- Ball does not hit inside the hoop (point for receiving player)
- Ball hits inside the hoop, but does not bounce at least 1 step away from hoop (point for receiving player)
- Ball hits inside the hoop and bounces over the head of the receiver (point for receiving player)
- Ball is not successfully caught by receiving player (point for serving player)

Start with a cooperative version of Slam Ball. How many throws and catches can you make in a row?

Ready for competition? Get an edge by throwing the ball so that it bounces out of the hoop with different trajectories but remember it must bounce at least 1 step away from the hoop/chalk circle AND it cannot bounce over the receiver's head.

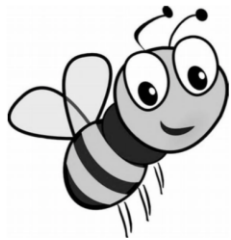
Change the way you play to make sure the game is fair!

SAFETY - MAKE SURE THE AREA AROUND THE HOOP/CIRCLE IS CLEAR OF ANY OBSTACLES

Appendix 6 Breathing

Bee Breath

Take a deep breath in then place your fingers tightly over your ears and make a 'buzzzz' sound as your breath out.



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Lion Breath

Take a deep breath in and as you breathe out you can roar like a lion (breath to bring energy/let go of energy - follow with a calm breath)



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Ahh Breath

As you breathe in, lift your shoulders up. As you breathe out, say 'aaahhh' while you drop your shoulders and relax your whole body.



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Warm Breath/Cool Breath

For a warm breath, take a deep breath in and as you breathe out make your mouth wide and blow onto your hand to feel the warm air. For a cool breath, take a deep breath in and as you breathe out move your lips very close together and blow onto your hand to feel the cool air.



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