




Enrichment Learning Grids: Early Stage 1

Weeks 8 – 9

The Enrichment Learning Grids have been organised into topic areas and provide a range of activities for students to choose from. Students complete a variety of activities daily, with guided support from parents/carers. If you have access to a device, you can choose some of the online learning options. Parents/carers please supervise your child when working online. Additional support material can be found in the appendices, which are attached to this document.

ORAL LANGUAGE

Choose your activity below:

<p>Be the Storyteller</p> <p>Watch the video closely: ‘Pip’ https://www.youtube.com/watch?v=07d2dXHYb94&t=68s</p> <p>Watch it again with a family member.</p> <p>In your own words, tell them what you think is happening.</p> 	<p>CVC Rhyme</p> <p>Can you find two rhyming words in your CVC list?</p> <p>Make a list of all of the other words that rhyme with these two words.</p> <p>Appendix 1: CVC Words</p> 	<p>Sing Along</p> <p>Listen and sing along to the song: <i>‘The Ants Go Marching One By One’</i></p> <p>https://www.youtube.com/watch?v=Pjw2A3QU8Qg</p> <p>Can you remember all of the rhyming words? (one - thumb, two – shoe, three - tree etc.)</p>	<p>Fiction versus Non-Fiction</p> <p>Watch the video closely: ‘The Box’ https://www.youtube.com/watch?v=20evunLzSgk</p> <p>Retell the story in your own words.</p> <p>Why do you think the old man and the mouse became friends?</p> <p>Watch it again with a family member. Why do you think there are no words in this film clip?</p>
<p>Mystery Sound</p> <p>You hear a mysterious sound outside your house. Use your imagination to create an interesting story about what is making the sound.</p> <p>Tell your story to your parent/carer.</p>	<p>Word Tag!</p> <p>Choose a sound you have practised this week.</p> <p>With a partner, take turns saying words that begin with this sound.</p> <p>Whoever can think of the most words is the winner!</p>	<p>I Spy!</p> <p>Play I Spy with the family, starting with one of the sounds we have used this week.</p> <p><i>“I spy with my little eye, something beginning with the ‘d’ sound.” (door)</i></p>	<p>Syllable Hunt</p> <p>A syllable is a beat in a word.</p> <p>What items can you find that have 1, 2, 3 or more syllables?</p> <p>E.g. jump = 1 syllable baby (ba/by) = 2 syllables</p> 
<p>Alphabet/ Phonics!</p> <p>Sing along with the song saying the letter’s name and the sound it makes. How many sounds do you know?</p> <p>https://www.youtube.com/watch?v=5PmB3SijNdQ</p>	<p>Rhyme List</p> <p>Make a list of all of the ‘_at’ rhyming words you can think of e.g. bat, hat.</p>	<p>Pretend Conversation</p> <p>Pretend that you are a zookeeper. One of the animals at the zoo starts to talk to you. Act out the conversation you would have with this animal with a family member. Switch roles and repeat.</p>	<p>Nursery Rhymes!</p> <p>https://www.youtube.com/watch?v=dhYWxbrUU0w</p> <p>Listen and sing along to nursery rhymes.</p>

READING

Choose your activity below:

Raid Your Pantry!

Pick a packaged food item (e.g. a pasta or cereal packet) and see how many words you are able to read to your parent/carer.

You could write some of these words on a piece of paper.



Memory Card Game

Ask a parent/carer to help you write your heart words onto small squares of paper, twice. Place the cards face down; turn two cards over at a time; say the words and see if they are a match.

[Appendix 1: Heart Words](#)

Character Chat

Read one of your favourite books.

After the story, imagine that one of the characters has arrived at your house.

What questions would you like to ask them?

Record your conversation.



Book Review

Record a book review for a book you have enjoyed reading.

- *What book did you read?*
- *Who is the author/illustrator?*
- *What was your favourite part?*

Ending Change

Read one of your favourite books.

Change the ending of the story and draw a new illustration to match. Ask a parent/carer to notate your illustration to briefly explain your ending.



Sentence Scramble

Make up a sentence about your pet or a favourite animal. Ask a parent/carer to help write the sentence on a strip of paper. Cut the words of the sentence up into individual pieces.

Scramble the pieces then see if you can rearrange it to make the sentence again. Read the sentence to your parent/carer.

Target Practice!

Write your heart words onto a target and try to hit them with an object (ball, soft toy).

Say the words as you throw the object.

[Appendix 1: Heart Words](#)



Be a Word Detective!

How many of this week's heart words can you find in a book?

[Appendix 1: Heart Words](#)

Bug Club

<https://www.activelearnprimary.com.au/login?c=0>

Log into Bug Club.

Choose a book to read or press the button to have it read to you.



Feelings and Emotions

Look through your book collection. Think about the feelings and emotions of the characters.

Find an example of different characters who are: kind, sad, scared or angry.

Share these with your teacher.



Puppet Show

Read one of your favourite books.

Create some puppets, then create a puppet show to retell the story.

Make a Connection

Choose a book to read.

What does this book remind you of in your own life?

What connection did you make to the book?

Draw your connection and have your parent/carer write your words.

DRAWING and WRITING

Choose your activity below:

Timetable

Create a timetable of your day or week.
Draw each activity you have been doing so that a person reading your timetable would be able to follow along.



Postcard to a Friend

Draw a postcard to a friend from school.
In your drawing, show your friend who is at home with you, and what you have been doing.



Comic Story

Create a comic strip about a fun journey you have been on. Draw the characters' faces to show how they were feeling throughout the journey.



Hidden Treasure

Hide 5 objects around your house.
Draw a treasure map with pictures to help your family find the objects you have hidden.

Design a New Front Cover

Choose a book you have read.
Use coloured pencils or watercolour paints to design a new front cover picture for the book.



Sensory Writing

Practise writing some of your heart words in a tray of rice, sand, salt, dirt or shaving cream.

Appendix 1: Heart Words



Set the Table

Set the table ready for your family to have dinner.
Draw a picture of where each item goes. Label where everybody is going to sit by writing the initials of their name, or having somebody help you write their whole name.



Make a list

Imagine you are going on a picnic with your family. Write a list of everything you would need to take with you.

Have a go at writing the words.

Letter formation

Watch the clip and practise writing each letter correctly.

<https://www.youtube.com/watch?v=DlojiV3yszA&feature=youtu.be&fbclid=IwAR26O7YTWvCoilFup2i8K2QJEIM-Sho0eEpQH5cL5dH30OjihRCvO8yrz8>

CVC Words

Use magazines/newspapers and cut out letters to make your CVC words.

Appendix 1: CVC Words



Drawing Descriptions

Draw your favourite character from a book you have read.
Ask a parent/carer to help you label your drawing with key words to describe your character.






Word Spelling









Watch the video to see how to make short words using the letters we know.

Complete the 'Making words' Seesaw activity.
<https://www.youtube.com/watch?v=PAbhtD5atI0>

MATHEMATICS


Choose your activity below:

<p>Days of the Week</p> <p>What day is it now? What was yesterday? What day comes Next?</p> <p>Say the days of the week, starting at Monday. Use the song below to help you if you need. https://www.youtube.com/watch?v=mXMofxDPUQ</p> 	<p>Volume & Capacity</p> <p>Can you find two different shaped containers that hold the same amount of water?</p> <p>Fill one container, then pour this water into the second container.</p> <p><i>Did it overflow or did you need more water to fill the container?</i></p> <p><i>Was it the right amount of water?</i></p>	<p>Obstacle Course</p> <p>Can you find something in your house that you can safely go over, something you can safely go under and something you can safely go through?</p> <p>Use the story clip to help you think of ideas. https://www.youtube.com/watch?v=-d1_Z068z74</p> <p>Take a video of you completing the obstacle course.</p> 	<p>Area</p> <p>Find 3 flat surfaces in your house (book cover, bottom of a shoe, cereal box). Cover the flat area with playing cards making sure you have no spaces or overlapping cards. How many playing cards did you need to cover each area? Was it hard to measure the area of the smaller items?</p> <p>Count how many were needed and write your answer. Repeat with counters & compare your answer.</p> <p>Appendix 2: Area</p> 
<p>2D Shape - Robot Construction</p> <p>Using a page in your workbook, draw a robot using 2D shapes. You can use circles, squares, rectangles, triangles and hexagons to make your robot.</p> <p>Appendix 2: 2D Shapes, 2D Shape Robot</p> 	<p>3D Object Sort</p> <p>Find objects in your home that look the same as a cone, cube, cylinder and sphere.</p> <p><i>Which objects can roll? Which objects can stack on top of one another? Which objects can slide?</i></p> <p>Appendix 2: 3D Objects</p> 	<p>Number Hunt</p> <p>With your parent/carer, go for a walk around your house or suburb and play I spy with numbers.</p> <p><i>Can you see any numbers? What numbers did you find? Where did you find the numbers?</i></p> <p>Draw a picture of the object that had the numbers on it and record the number.</p>	<p>Lightest to Heaviest</p> <p>Safely, collect 10 items from around the kitchen.</p> <p>Select two items and hold one in each hand to determine their weight.</p> <p>Place the items in order from lightest to heaviest.</p> 
<p>Number Formation</p> <p>Watch the clip and practise writing your numbers correctly. https://www.youtube.com/watch?v=VlfQhHQAUCY</p>	<p>Comparing Lengths</p> <p>Using Lego blocks, can you make a tower that is short, medium and tall? Count how many Lego blocks are in each tower. Can you use these towers to measure the length of a book? What did you notice? Try measuring the length of other things around your house.</p> <p>Appendix 2: Comparing Length</p>	<p>King of the Dice</p> <p>Take it in turns to roll a die with a partner. Race to see who can call out the number on the dice first. Keep a tally of your wins.</p>	<p>Counting to Twenty</p> <p>Watch the clip and practise counting to twenty, backwards. https://www.youtube.com/watch?v=srPktd4k_O8</p>

SCIENCE & TECHNOLOGY Choose your activity below:	HISTORY/GEOGRAPHY Choose your activity below:	CREATIVE ARTS Choose your activity below:	PDHPE Choose your activity below:
<p style="text-align: center;">Tree Bingo</p> <p>Watch the video of Adam exploring the native Australian trees in the bush.</p> <p>https://www.youtube.com/watch?v=V-hQy_4MqGM</p> <p>Have a look around your yard or in your street for the Australian native trees you can spot. Maybe you can remember seeing some of these trees at school.</p> <p>Cross off all of the Australian native trees you can spot around your house.</p> <p style="text-align: center;">Appendix 3: Tree Bingo</p> 	<p style="text-align: center;">Family is Important</p> <p>Watch the read-aloud of 'Tom Tom' by Rosemary Sullivan and Dee Huxley.</p> <p>https://www.youtube.com/watch?v=wpcJBJxBo</p> <ul style="list-style-type: none"> • Who are the people in Tom Tom's family? • What do the people in Tom Tom's family do? • How is this the same or different from your family? <p>'My family is important to me because...'</p> <p>Complete this sentence to explain what family means to you.</p> 	<p style="text-align: center;">Song: Kookaburra Sits in the Old Gumtree</p> <p>https://www.youtube.com/watch?v=p2VitpGRalw</p> <p style="text-align: center;">Sing along to this catchy tune.</p> <p style="text-align: center;"><i>Can you make up your own actions to the song?</i></p> 	<p style="text-align: center;">Making Decisions</p> <p style="text-align: center;">Make a poster of your favourite things.</p> <p>Ask somebody else in your house to create a poster of their favourite things. Are your posters the same?</p> <p>What are some things that are the same and some things that are different?</p> 
<p style="text-align: center;">Bee Hotel</p> <p>Watch Alison create all different kinds of bee hotels using recycled and natural material she found around her house.</p> <p>https://www.youtube.com/watch?v=hDDpCAlavsQ</p> <p>Can you create a bee hotel for your backyard?</p> <p style="text-align: center;">Appendix 4: Bee Hotel</p> 	<p style="text-align: center;">How Can Stories of the Past be Told and Shared?</p> <p>Find a photograph of your family and answer the following questions:</p> <ul style="list-style-type: none"> • Where was the photo taken? • When was the photo taken? • How old were you in the photo? • What were you all doing the day the photo was taken? • How do you know about the photo? • Why do people take photos? 	<p style="text-align: center;">MultiSport Dance</p> <p>Follow along as Hayley and Joey teach you the elements of dance. Choose Lesson 1 of the Dance lessons and follow through to learn the dance.</p> <p>Click the link to access the website. You will find the password to access the site in your Seesaw announcements.</p> <p>https://www.dancefevermultisport.com/remotearninq/</p> 	<p style="text-align: center;">Physical Education (PE) Focus</p> <p>Mrs Morison wants you to continue to develop your PE skills.</p> <p style="text-align: center;">Have fun!</p> <p style="text-align: center;">Appendix 5: PE Activity</p> 

MINDFULNESS & POSITIVITY

Choose your activity below:

<p style="text-align: center;">Kindness</p> <p>Do an act of kindness and record it. <i>Will you write it, draw a picture or take a photo?</i></p>	<p style="text-align: center;">Candle Breathing</p> <p>Practise your special breathing. Appendix 6: Breathing</p>	<p style="text-align: center;">Gratitude</p> <p><i>Have you started your Gratitude Jar?</i></p> <p>Each day write or draw something you are grateful for and place it in your Gratitude Jar.</p>	<p style="text-align: center;">Counting Breaths</p> <p>Practise your special breathing. Appendix 6: Breathing</p>
<p style="text-align: center;">Circle Breath</p> <p>Practise your special breathing. Appendix 6: Breathing</p>	<p style="text-align: center;">Reflection Time</p> <p>At mealtime, take it in turns to share your favourite thing from the day. <i>Why was this your favourite thing? How did it make you feel?</i></p>	<p style="text-align: center;">Waterfall Breath</p> <p>Practise your special breathing. Appendix 6: Breathing</p>	<p style="text-align: center;">Being Unique</p> <p><i>Why is it good that everyone is different?</i> Draw or write your response.</p>
<p style="text-align: center;">Peaceful Kids</p> <p>Try a meditation. Draw or write how you are feeling <i>before</i> the meditation, then how you feel <i>after</i> the meditation. https://www.peacefulkids.com.au/meditations1.html</p>	<p style="text-align: center;">5 Strengths</p> <p>Draw a picture of yourself. Write 5 strengths about you around your picture.</p> 	<p style="text-align: center;">Values</p> <p><i>Respect, Responsibility & Excellence</i> are our school values. <i>Are you practising our values at home?</i> Explain.</p> 	<p style="text-align: center;">Choose Kind!</p> <p>Write/draw a song; poem; comic; or make a short video with the key message 'being kind'.</p>

HANDS ON LEARNING

Choose your activity below:

Make It: Kinetic Sand!



[Appendix 7: Kinetic Sand Recipe](#)

Construction Time
Construct something using Lego, blocks or something similar.

Sketch your design.

Describe your creation to someone at home.

Indoor Scavenger Hunt

Can you find...

- *something plastic?*
- *something rough?*
- *something that floats?*
- *something that is shaped like a cube?*

Slime Making!



[Appendix 8: Slime Recipe](#)

Design a Game

Can you make your own board game to play with your family?

Does your game need a die or counters?

What are the rules of the game?

Cupboard Cleanup!

Have a look through your cupboard and drawers.

Can you clean out some old items?

What will you do with these items?

Shadows

Go outside when it is sunny.
Place some toys on the ground near a piece of paper.

Can you trace their shadows?



Family Portrait

Draw or paint a portrait of someone from your family.

Watercolour Painting: Clown Fish

Follow the directed art lesson.

<https://www.youtube.com/watch?v=RZSR2ZD-dDM>

You will need: watercolours, paint brush, black marker, pencils, scrapbook, water and paper towel.



Outdoor Obstacle Course
Create an outdoor obstacle course.



Treasure Map

Hide a toy in your house.

Design a treasure map and mark an X where the treasure is hidden.

Have someone at home see if they can follow your treasure map.

Make a Paper Plane


*Can you design a paper plane?
How far does it fly?*

<https://www.youtube.com/watch?v=54noZe-0B1c>



BRAIN BREAKS

Choose your activity below:

<p>Keepie Uppie!</p> <p>Keep a balloon from touching the ground for as long as possible.</p>	<p>Mission Impossible</p> <p>Create a 'Mission Impossible' obstacle course.</p> <p>If you touch an object you have to start again.</p> 	<p>Mini-Marathon</p> <p>Create a mini-marathon around your home. Time yourself and see if you can beat your time.</p> <p>Encourage family members to participate.</p>	<p>Squiggles</p> <p>Draw a random squiggly line (or have someone draw one for you).</p> <p>Try to turn the squiggle into a picture.</p>
<p>Ball Practice</p> <p>Outside, practise your throwing and catching skills.</p> <p><i>Do you think you are improving?</i></p>	<p>Lava Floor</p> <p>The floor is hot lava!</p> <p>Use cushions/pillows and move around the house without touching the lava (floor).</p>	<p>Hallway Bowling</p> <p>Use water bottles and a ball (or something similar) and have a bowling competition.</p>	<p>Balance Challenge</p> <p><i>Are you good at balancing?</i></p> <p>Time yourself balancing on one leg. Swap legs and time yourself again. <i>What did you notice?</i></p>
<p>Go Noodle!</p> <p>https://www.gonoodle.com</p>	<p>Just Dance</p> <p>Search 'Just Dance' on Youtube and select a suitable song/dance to move to.</p>	<p>Aerobic Workout</p> <p>10 x star jumps</p> <p>10 x sit-ups</p> <p>10 x squats</p>	<p>Cosmic Kids Yoga</p> <p>https://www.youtube.com/user/CosmicKidsYoga</p>

Appendix 1

CVC Words / High Frequency Words

Week 8	
CVC List	Heart Words
pit	my was
cat	the he
Tim	I she
sit	

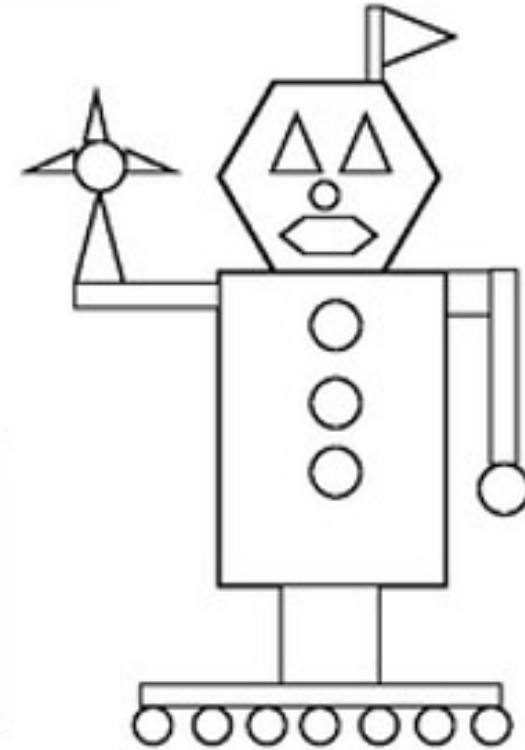
Week 9	
CVC List	Heart Words
dog	we are
pig	do her
hot	to see
log	

Appendix 2

Area



2D Shape Robot



2D Shapes



Circle



Square



Triangle



Quadrilateral



Trapezium



Rectangle



Rhombus



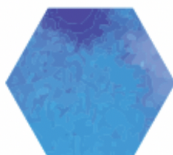
Oval



Parallelogram



Pentagon

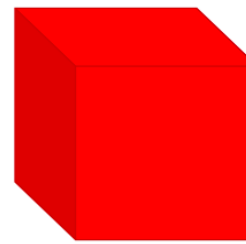


Hexagon



Octagon

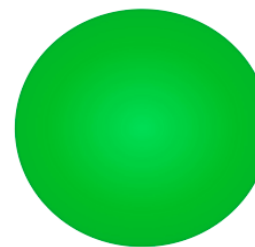
3D Objects



Cube



Cylinder



Sphere












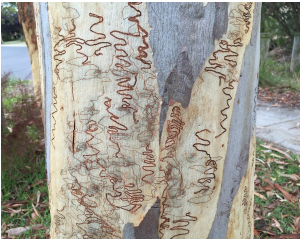


Cone

When sorting the 3D objects be sure to describe the different surfaces as curved and flat to explain why they can roll.

Comparing Length



Appendix 3 Tree Bingo

 <p>Ironbark</p>	 <p>Gum Tree</p>	 <p>Banksia</p>	 <p>Lilly Pilly</p>
 <p>Silky Oak</p>	 <p>Flowering Gum</p>	 <p>Paperbark</p>	 <p>She Oak</p>
 <p>Bottlebrush</p>	 <p>Scribbly Gum</p>	 <p>Wattle</p>	 <p>Grevillea</p>

Appendix 4 Bee Hotel

Did you know that most Australian native bees like to live alone, and not in big beehives?

1. Create a safe place for an Australian native bee to live in your yard.
2. Find a recycled container like a milk bottle or milo tin (make sure that it is waterproof).
3. Collect some sticks, leaves and bark from around your yard.
4. Fill your container with the materials collected from your garden. Leave little spaces for the bees to burrow into.
5. Tip the container on its side so that when it rains the inside of the container stays dry.
6. Place your container outside near some plants which have flowers. You could leave a little container of water for the bees to drink near your bee hotel as well.



Appendix 5 PE Activity

P.E ACTIVITY – WEEKS 8 & 9 ES1 & S1

GET MOVING

Using the PE MOVEMENT chart select **one** activity from each column (warm up, move, cool down) and perform each for approximately 1½ minutes each.

IMPROVE YOUR SKILL 1._ STRIKING A BALL– using an implement

You will need:

- a ball or improvised ball – such as rolled up socks, paper, or even aluminium foil,
 - something for striking – a racquet, small bat, or improvised bat – such as a rolled newspaper, book, etc.,
 - cones, or improvised markers – such as shoes,
 - a bucket/basket/box.
1. Place 2 markers approximately 5 giant steps away and space them about 1 metre apart. Place the ball on the ground and use your racquet to push the ball so that it travels between the markers. Keep practicing for 1 minute.
 2. Repeat step 1 – but this time strike the ball from the ground, instead of pushing it. This means you need to move the racquet away from the ball before hitting it.
 3. Repeat step 1 – but this time hit the ball from your hand. Hold the ball about waist height. Remember your belly button likes to watch the ball from your hand and as it goes through your target zone. You may move your markers a little wider for this activity.
 4. Repeat step 1 – but this time bounce the ball on the ground before hitting it. Remember to bounce the ball using your non striking hand and the ball should bounce up to waist height. Keep your eye on the ball as you strike and let your belly button watch the ball all the way to the target.

AFL STRIKING

1. Place 4 markers about 10 giant steps away, so they look like this.



3 Steps
1 Point



4 Steps
6 Points



3 Steps
1 Point



Use different types of striking – from the ground, from your hand, bounce and hit etc. and try to get the greatest score you can after 10 hits. Move further away from your markers and try again. How far away can you move and still score 3 goals (6 points)?

GOLF STRIKING



1. Place the basket approximately 5 metres away from your marker. Use striking from your hand, bounce strike or toss and strike, to hit the ball into the basket. How many hits does it take to get it to land in the basket? Hit the ball from where it lands after each hit.
2. Move your marker further away and try again. Move your marker to 9 different starting positions and record how many hits each time to give yourself a total score for 9 'holes'.
3. If you want to increase the challenge, try 18 'holes'



5 metres



Appendix 6

Breathing

Candle Breathing

Hold one hand up with your fingers stretched out wide. Take a big breath in and blow one of your fingers as if it were a birthday candle. Fold that finger down. Blow down each finger/candle down one at a time.



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Counting Breaths

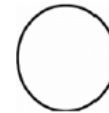
As you breathe in, pinch each finger together with your thumb one at a time and count one, two, three, four. As you breath out, pinch each finger together with your thumb and count to four again.



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Circle Breath

Place your hands together so that they are pointing to the ground. As you breath in, separate your hands and bring them out wide and then up high to join them back together above your head - as if tracing the outline of a circle. As you breathe out, bring your hands down tracing the same path as before.



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Waterfall breath

As you breathe in, gently lift your hands in a straight line up above your head. As you breath out, wriggle your fingers and move your hands down towards the ground whilst making a soft 'shhhhh' sound.



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Appendix 7 Kinetic Sand Recipe

Kinetic Sand

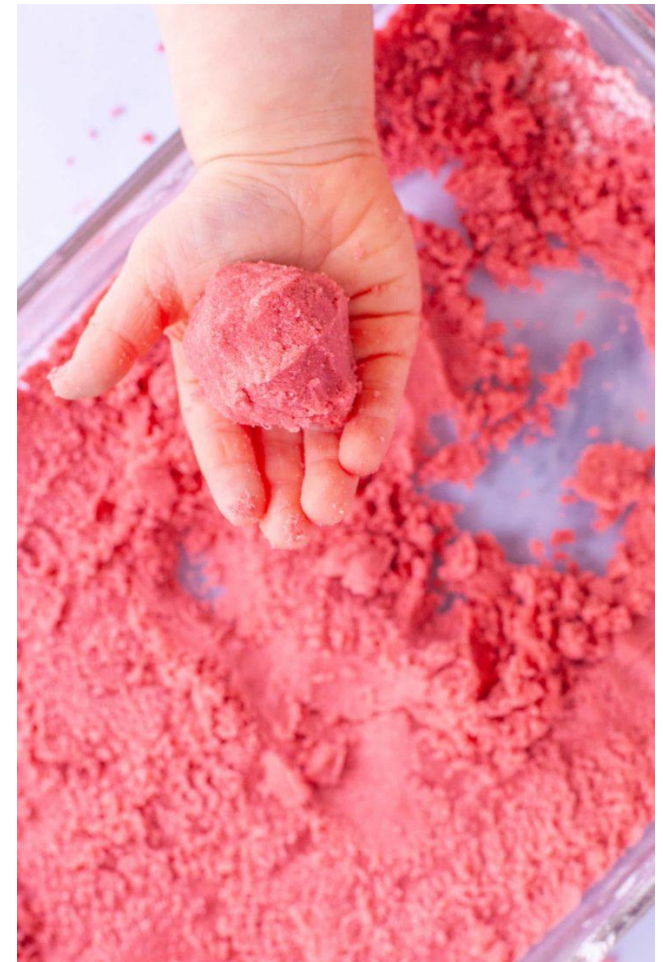
Ingredients:

- 2 ½ Cups of Fine Sand
- 1 ½ Cups of Corn starch
- ½ Cup of Oil

Method:

- Mix sand and corn starch together completely
- Mix in the oil well
- When there are no dry spots, and no oily spots, the sand is ready to play!

<https://eatingrichly.com/wp-json/mv-create/v1/creations/213/print>



Appendix 8 Slime Recipe

How to Make Slime Without Glue

YIELD

Makes about 3 cups

PREP TIME

10 minutes

INGREDIENTS

1/2 cup thick gel shampoo, such as Suave or Johnson's 3-in-1 Kids

2 to 3 drops food coloring (optional)

2 1/2 cups cornstarch

1/4 to 1/3 cup cool water

EQUIPMENT

Measuring cups and spoons

Medium mixing bowl

Rubber spatula

Airtight container for storage

Liquid measuring cup

INSTRUCTIONS

1 Mix the shampoo with food coloring if using. Pour 1/2 cup shampoo into a medium bowl. Add 2 to 3 drops food coloring and stir to combine.

2 Add the cornstarch and mix into a crumbly paste. Add 2 1/2 cups cornstarch and stir to combine. The mixture should be a thick, crumbly paste but homogenous.

3 Slowly mix in the water. Mix in water 2 tablespoons at a time until the mixture changes from crumbly to smooth, and finally slimy. You may not need all of the water.

4 Knead the slime until smooth and stretchy. When the mixture is fluid enough to handle, use your hands to knead and stretch the slime until smooth.

RECIPE NOTES

Storage: Store in an airtight container for up to 1 week at room temperature.